

NEW

# Apple Watch

## The Complete Manual

The independent handbook for Apple Watch users

Over  
**300**  
tips





# Welcome to **Apple Watch** **The Complete Manual**

With its latest product, Apple has looked to do for wearable technology what it has done for smartphones and tablets in the past. Like the iPhone and the iPad before it, the Apple Watch looks to revolutionise an entire area of technology, making it more integral and intuitive than ever before. As with all new tech, the Apple Watch can take a little getting used to, but that's where Apple Watch The Complete Manual comes in. In this bookazine, we'll guide you through everything you need to know to go from an Apple Watch novice, to an accomplished user in no time at all, highlighting essential features and fantastic apps along the way.

Read on to find out more.





# Apple Watch

## The Complete Manual

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Learn the Apple Watch lingo



# Introducing Apple Watch

Get to know Apple's first foray into the wearable market, the Apple Watch

Over the past 12 months, wearable devices have become much more commonplace in everyday life. While they come in all shapes and sizes, the one type that has seen the biggest increase – in sales and number of models – is the smartwatch. Although we've already seen many great smartwatches hit the market, the Apple Watch is an entirely different entity, but still one of the most useful products to come from Apple in recent years. The mix of strong design, excellent functionality and ease of use has made the Apple Watch the ultimate iPhone companion, enabling users to control each and every part of their iOS experience solely on their wrist. Want to manage your emails? The Apple Watch can do that. Want to track the latest sports scores? The Apple Watch can do that. With third-party apps adding even more features, the Apple Watch is a product to get excited about.









**Fig 1** Users can choose from a plethora of different digital watch faces built into the Apple Watch

## What is the Apple Watch?

The term 'smartwatch' will mean different things to different people, but when it comes to the Apple Watch, the idea behind it is very clear. The tiny wristwear device is an extension of your iPhone, enabling users to avoid having to reach for their phone every time they need to check something and instead use their Apple Watch as an alternative. Although modest in size, the Apple Watch packs a surprisingly powerful processor and battery to make it the ultimate companion for your smartphone. While its fundamental features all coincide with your iPhone – such as managing notifications, taking calls and reading messages – it's the standalone features that will really catch your eye. Through the hundreds of third-party apps that are ready to download, users are able to equip their new Apple Watch with games, remote controls and various social media feeds. However, let's not forget that the Apple Watch is still a timepiece at its core, but one that offers a freely customisable way of taking a quick glance at the time whenever you need it, through a range of watch faces which includes a fantastic Mickey Mouse offering (Fig 1). When you consider that this is Apple's first ever smartwatch, it'll be very interesting to see what future updates the firm has in store for the Apple Watch.



### Why choose Apple Watch?

Unless you've been living with your head in the sand for the past two years, chances are you'll have seen a large number of smartwatches hit the market. While nearly all of the current selection run Google's Android operating system, iOS users have largely been left out in the cold with Apple's first smartwatch being in development for over a year. However, the wait was certainly worth it and iOS users now have access to one of the best smartwatches on the market. So what are the main reasons you should buy an Apple Watch? For one, it's by far the most customisable smartwatch around. There are numerous watch straps available for purchase and three very different types of Apple Watch, depending on your budget and requirements. It's also arguably the most feature-packed smartwatch currently on the market. There are already hundreds of third-party apps that are readily available for download from the App Store (Fig 2), which expand on the many functions that the Apple Watch is able to perform by default. All of this combined makes the Apple Watch a very attractive package for anyone who is a seasoned smartwatch user, or completely new to the market. The only decision you will need to make is which type of Apple Watch you want to buy.



**Fig 2** There are hundreds of third-party apps ready to download from the Apple App Store

### Apple Watch

The stainless steel version of the Apple Watch is the mid-priced option. The main differences between this version and the other Watch models is the robust build materials that have been used to help protect both the watch face and chassis. Sapphire crystal glass offers a thin but tough layer of protection across the display, which should help limit the impact if the Apple Watch is ever dropped. What makes the addition of sapphire glass even more remarkable is that it's arguably more robust than the Gorilla Glass used on Apple iPhones. The Apple Watch's stainless steel chassis is also ideal for avoiding everyday scuffs and scratches. Overall, this model is both practical and smart.



### Watch Sport

For most potential purchasers, the Watch Sport will be the variant that they end up going for. Not only does it include the same high level of build quality seen in its more expensive counterparts, but it's nearly half the price of the stainless steel Apple Watch. With a layer of Ion-X glass, hardened down to its molecules, the Watch Sport is also best built for those who want to use their Watch as a health and fitness accessory. When you consider that the Watch Sport is noticeably thinner and lighter than the other models as well, avid fitness fans should definitely make it their tool of choice. A range of sports straps are available for it, which are particularly suited to being worn during exercise.



## Watch Edition

Without doubt the biggest difference between the Watch Edition and the other variants is its wallet-busting price. The most basic Watch Edition model is currently on sale for an eye-watering £8,500, with prices going all the way up to £13,000. Along with the high price tag, some of the other differences in the Edition will catch your eye. The Watch Edition's casing is crafted from specially toughened 18-karat gold, while the accompanying leather carry case doubles up as a charging cradle. The Watch Edition is undoubtedly expensive, but it's the best-looking Apple Watch out there and worth the money if you can afford it. You even get a choice of standard yellow gold or rose gold for the finish, both of which look stunning.



“The Watch Edition’s casing is crafted from specially toughened 18-karat gold”

## Sizes



**Height**  
38.6mm  
**Width**  
33.3mm  
**Depth**  
10.5mm  
**Case**  
40g

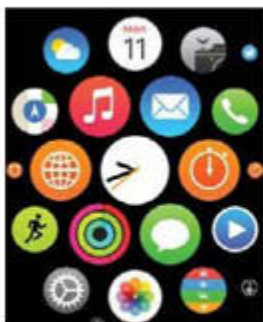


**Height**  
42.0mm  
**Width**  
35.9mm  
**Depth**  
10.5mm  
**Case**  
50g

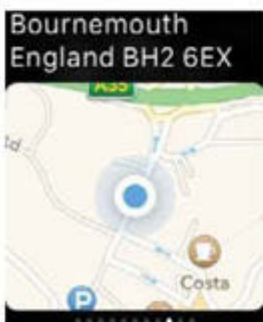
The smaller of the two Watch sizes is better suited for more dainty wrists. Both first- and third-party straps are predominantly made for this size, so this is worth bearing in mind when making your order.

The biggest benefit of choosing the 42mm Watch model is the larger screen. It can help make switching between menus or using apps a generally simpler and more enjoyable experience.





**Fig 1** The honeycomb-style app launcher is great for quickly switching between different apps without having to use the scrolling function too much



**Fig 2** One of the best uses of the Glances feature is the Maps panel. Using this, you can obtain a quick overview of your current location on the map



**Fig 3** Whether you would like to see how much charge you have left, or want to activate Power Reserve mode, check out the Battery Glances panel



### A look at Watch OS

When you get your hands on the Apple Watch for the first time, you could be forgiven for thinking that it's going to use the exact same operating system that your iPhone is currently running. However, you'd be completely wrong and instead of implementing standard iOS, Apple has developed its very own dedicated operating system for the Apple Watch. Named Watch OS, this is a virtual extension of iOS. It contains many of the same features as its much bigger counterpart, but in a far more stripped back format. Not only does this help Apple to cram a whole operating system onto a smartwatch, but also one that functions well and is responsive. Many of Apple's competitors have been let down by the poor operating systems they have looked to include on their smartwatches, so Watch OS is already a massive success.

One of the key elements of the Watch OS is the inclusion of a new style of app launcher (Fig 1) which enables users to see a quick overview of every installed app on their device in one place, with minimal scrolling required to switch between different apps. Similarly, Watch OS also includes its own notification system. While

## Introducing Apple Watch

this works in the same vein as iOS, it offers users a wide variety of interactive notifications. Best of all, the way your Watch manages notifications can be altered by a quick play with the Apple Watch app for iPhone. Another noticeable addition of the Watch OS is the Glances menu. While on the move, Glances offer a quick look at some of the most commonly used menus on the Apple Watch. You can see the latest weather forecast, upcoming appointments, your location on a map (Fig 2), battery level (Fig 3) or even the latest stocks information with one quick swipe on the home screen. Via the Settings panel, you can also activate Airplane Mode, enable Do Not Disturb Mode and access many other handy features (Fig 4).

Watch OS was made with ease of use in mind and while it is still in its infancy and definitely not perfect by any means, this is a solid foundation that Apple should be able to build on with future system updates.

*"You can activate Airplane Mode, enable Do Not Disturb Mode and access many other handy features"*

## Getting started



**Fig 4** Through the Settings panel in Glances, you can activate Airplane Mode, enable Do Not Disturb Mode and access many other features



## Getting started

## Introducing Apple Watch

### Apple Watch accessories



#### S330 Stand

Once you've wrapped the Apple Watch around the top of the S330 Stand, you'll find it charges your Watch at a remarkable speed



#### Jabra Sport Wireless+

For those who want to work out, the Jabra Sport Wireless+ earphones offer crystal clear sound through their Bluetooth functionality



#### HiRise for Apple Watch

For a quick charging solution that's truly portable, the HiRise for Apple Watch is an inexpensive but highly useful product to have to hand



#### Click Polymer Strap Adapter

Can't find a strap you like? Why not make your own? The Click Polymer Adapter lets you cut any standard 22mm watch strap to your size



#### WatchStand for Apple Watch

Although the WatchStand is a little bigger than the competition, it still has the same high-quality charging capabilities we've come to expect



#### Spigen Rugged Armour

If safety is paramount to you, the Rugged Armour from Spigen is an essential purchase. It adds a lot of bulk, but will give you peace of mind



## Defense Edge case

To avoid your Apple Watch getting damaged, the Defense Edge is really useful. It's thin enough to add little bulk to your device, but sturdy enough to repel damage



## Baseus Leather Strap

If you want a more secure strap for your Apple Watch, Baseus's stylish leather straps are available for both 38mm and 42mm models



"The Apple Watch sits at the top of the tower and is fully charged in around an hour"

## DODOCase Charging Stand

Without doubt, the DODOCase Charging Stand is a gorgeous piece of kit. The Apple Watch sits at the top of the tower and is fully charged in around an hour



# Set up your Apple Watch

Before diving in and exploring what your Apple Watch is capable of, you'll need to correctly set up and configure it. Follow our guide to get it sorted

Below the Digital Crown sits a separate button. Hold this in for a few seconds to turn the Watch on



# Set up your Apple Watch

## Getting started

### 1 Start with a charge

When you first open up your Apple Watch package, you may want to eagerly turn it on and start using it. We actually recommend that you don't do this – instead you'll want to give your device a full charge before contemplating setting it up. Use the accompanying charger that attaches to the rear of the Apple Watch and either plug it into your mains with the adaptor, or attach it to a USB port on your desktop computer. The initial charging process can take up to two hours, which you'll find to be on par with how long it normally takes an iPhone to get a full charge on initial setup.

### 2 Initial setup

Below the Digital Crown on the right side of the Apple Watch sits a separate button. Once your device is fully charged, hold this button in for a few seconds to power it on. Due to this being the first time you'd have turned the Apple Watch on, you'll find that the initial loading is slow. In fact, it can take up to 30 seconds for the first screen to appear. After a long wait, you'll find the language selection screen comes up. You can use either your finger or the Digital Crown to scroll up and down the choice of available languages. Once you've made your choice, press once on the language.

### 3 Pair with iPhone

After the Watch has configured itself to your chosen language, you'll be taken to the pairing screen (Fig 1). For the Watch and iPhone to be successfully paired, you'll first need to download and install the accompanying Apple Watch app on iPhone. Once this is done, follow the on-screen prompt on the Apple Watch to start the pairing process. A blue globe figure will now appear and you'll need to use your iPhone's viewfinder to line up the Apple Watch display (Fig 2). Once it has been recognised, it should take just a few seconds to complete the pairing process. You'll receive a notification on your iPhone to let you know if the Apple Watch was successfully paired to the phone.

### 4 Alternate pairing process

On rare occasions, you may find that the initial pairing process simply doesn't work. If you receive a notification on your Apple Watch that the pairing process failed, press on the 'i' icon that will now be shown. By pressing on this icon you'll be taken to the alternate pairing procedure for the Apple Watch. A six-digit code will now appear on your Watch, which you'll need to make a mental note of. If you now open the Apple Watch app on your iPhone, you should see the same six-digit code shown. Press on the confirm button to pair the two devices together. This should take a few seconds to complete.



**Fig 1** You will have two options available to help pair the device. To activate the default pairing process, select the Start Pairing button



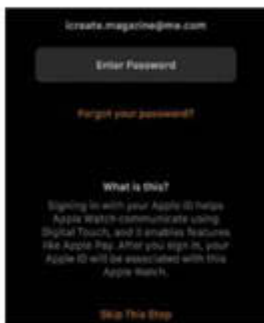
**Fig 2** Use the viewfinder on your iPhone to line up the display of the Apple Watch. You'll be notified after the devices have been paired



We recommend that you set up a Passcode during the syncing process to save time later on



**Fig 3** Use your iPhone to select which wrist you'll be wearing the Apple Watch on. It can make a difference to the layout of some features



**Fig 4** Log in with your Apple ID to gain access to any apps and settings that can be transferred across to your Apple Watch



**Fig 5** Make sure to carefully read about the various features that you can activate after the Apple Watch has finished setting up



**Fig 6** A radial dial will appear to signify the final sync between both the iPhone and Apple Watch. This can take around 10 minutes to finish

## Set up your Apple Watch

### 5 Select preferences

The next screen that will greet you will ask you to select the wrist you'll be wearing the Apple Watch on (Fig 3), as well as which hand you'll use to handle the Digital Crown. Once you've made those choices, you'll be prompted to read through the lengthy terms and conditions on the Apple Watch app on the iPhone. It can take a while to do, but it's definitely worthwhile. After this you'll be directed to the login screen. For this you'll need to not only register your Apple Watch with Apple, but also add your ID (Fig 4). Enter your details within the spaces provided before pressing the confirm button at the bottom.

### 6 Set up additional services

Over the next few menus you'll be asked to set up a series of additional features. These include the likes of Location Services, Diagnostics and Siri (Fig 5). For each of these options, you'll need to turn the feature on using the toggles that are provided to you. Every one that you enable will take the appropriate settings across from your iPhone, meaning it won't take you very long to get your desired setup on your Watch. After the final services menu has passed, your Apple Watch will begin the second stage of its syncing process. Be patient while the Watch goes through this process as it can take a few minutes to complete.

### 7 Add some security

You'll now need to set up a Passcode for the Apple Watch. This adds a layer of security to your device and can help prevent people getting unwarranted access to your Watch's sensitive data. A screen will appear on your Apple Watch asking you to enter a four-digit PIN that will be used to unlock the Watch. Once entered, the same screen will appear on the iPhone for you to enter the same PIN. The two devices will now sync for a third time, but you'll find that the Passcode has been set. Whenever you subsequently remove and put on your Apple Watch again, you'll need to keep this code handy.

### 8 Install first-party apps

By default, you'll have access to around 20 apps developed by Apple that can be installed on your Apple Watch. This final part of the setup will appear on the iPhone's Apple Watch app and will ask whether or not you want to install these available apps. Due to the fact you can alter your installed apps at a later point, it's recommended that you select the Install All option that's provided. However, the downside to this is that you'll need to wait for a further 5 minutes for the installation process to finish. Alternatively, you can select the Choose Later option to skip this section and finish the initial setup.



The default home screen can be heavily customised to suit your needs and tastes

## Set up your Apple Watch

### 9 Sync and explore

The final sync will now take place and you'll be greeted with a radial dial that will let you track its progress (Fig 6). Once this has finished, the Watch will restart itself and you'll be presented with the default home screen for you to look at. Before taking the setup process any further, it's best to get used to controlling the screen, as it may be a little different to what you're used to. You can use the Digital Crown to scroll through menus, or why not try the screenshot function by pressing the DC and second side button simultaneously? Go on to the next part of the setup process once you've mastered the basic controls.

### 10 Set up your Apple Watch face

Force Touch on the home screen to open up the Watch face menu. Swipe left and right to browse the selection of faces before tapping the Customise button to make some changes to it. The various elements of the Watch face will now be highlighted in green, but by selecting one of them, you can have complete control of it. Use the Digital Crown to scroll through the options relevant to the element you've selected (Fig 7); press on it for a second time to confirm any changes. Once you've gone through each of the various elements, press on the Digital Crown to exit the menu and save all changes.

### 11 Manage sound and brightness

By now you'll have received your first notifications and may already be irate with the constant buzz and sounds every time you receive one. Press on the Digital Crown to open the app launcher and head to the Settings menu at the bottom left. Select the Sounds & Haptics option and set the volume levels for your Watch, or use the Mute option to disable any sounds from taking place (Fig 8). We also recommend you visit the Brightness tab within the Settings menu and manually adjust how bright you want the screen to be (Fig 9).

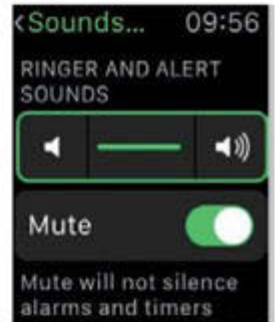
### 12 Manage notifications

Now you've changed how your Apple Watch deals with notifications (Fig 10), we can go a step further and manage how many notifications it'll receive. For this you need to open up the Apple Watch app on iPhone and scroll down to the Notifications section from within My Watch. You'll be greeted with a host of options, but instead head down to the list of apps that are currently installed on your Apple Watch. Use the toggles provided to allow or disallow certain apps sending you notifications. You will want to repeat this process when you begin downloading third-party apps.

## Getting started



**Fig 7** Use the Digital Crown to scroll through different elements of the Watch face and edit them accordingly



**Fig 8** You can set the tones and volumes emitted by your Apple Watch by using the Sounds & Haptics menu within the Settings app



**Fig 9** To help get the most battery life between charges, head over to the Brightness menu and lower the overall brightness level



The Passcode is the best way to make sure your Apple Watch stays protected



**Fig 10** Notifications will arrive from various first and third party apps. You can use the Apple Watch app to edit the apps that have access.



**Fig11** Glances are a convenient way to monitor various parts of your Apple Watch, including taking a look at the remaining battery life



**Fig 12** Force Touch and drag your finger around the display to move app icons to different areas of the launcher

## Set up your Apple Watch

### 13 Arrange Glances

Similar to the notifications menu, with Glances you can get bits of information in individual panels on your Watch. Back out of the notifications menu on your iPhone and scroll to the Glances tab. Once it's opened you'll be able to see all the apps that currently have access to the Glances feature. Use the red icons to the right of each app listing to remove them from the Glances menu permanently. To then add any new app to Glances, you'll need to go to its listing with the Apple Watch app and use the Add to Glances toggle that's provided. If you now open up the Glances menu on Apple Watch by swiping up on the home screen, you'll be able to take a look at them (Fig 11).

## 14 Download third-party apps

Now we can begin the fun part: downloading new apps. Head to the home screen on the Apple Watch app and select Explore. You'll now be presented with the familiar App Store layout, but this particular store is filled with Apple Watch apps. Go ahead and select an app that you'd like to download before pressing the Get option. Once the app has finished downloading, head over to the My Watch section of the app and scroll right to the bottom of the menu. A list of all your third-party apps will be shown here for you to take a look through. Select one of the apps and choose the Install option that's provided.

## 15 Change app layout

If you've correctly added third-party apps to the Watch, you should now see some additional icons on its app launcher. It can start to look a little cluttered so it's generally a good idea to alter the overall layout. Force Touch on a specific icon on the app launcher to get control of it (Fig 12). You can then use a finger to move it to your desired location on the screen, while the other icons will move around it to fit into place. Alternatively, you can open up the Apple Watch app on your iPhone and select the App Layout option to make the changes. Any edits you make using the iPhone will sync to the Watch.

## 16 Set app preferences

Many of the apps you'll come into contact with while using your Apple Watch will have a selection of individual preferences that you may need to edit. In particular, you'll find that many messaging and email apps offer such preferences. Open the Apple Watch app on your iPhone and select the Mail app from the list. Here you can set how often you want your emails to be synced with your Apple Watch, as well as other options. It's best practice to go through all of your currently installed apps and check to see if there are any preference options that you need to enable or disable.



There are numerous watch faces to choose from that are built into the Apple Watch



## Set up your Apple Watch

### 17 Enable Siri integration

Only a few more steps to go until you've completely finished setting up and configuring your Watch! One of the most integral parts of the experience is being able to use Siri. Not only can you use Siri to automate tasks, but it can also be used to switch between apps. In essence, you'll never need to use your hands on your Watch. Open the app launcher on your Apple Watch and head over to the Settings menu. Select the General option that's provided before opening the Siri tab. Toggle the Hey Siri option to on to enable Siri on your device. You can now start Siri with a simple 'Hey Siri' voice command (Fig 13).

### 18 Connect Bluetooth devices

Before backing out of the Settings app altogether, you'll want to quickly pair some headphones to your device. Open the Bluetooth section within the Settings menu and press the Paired Devices option (Fig 14). Make sure your headphones are now turned on and you should find that your Apple Watch picks them up. Although pairing does take just a few seconds to complete, you'll need to keep both devices close to each other to make sure they're paired correctly. You'll receive a vibration on your wrist from your Apple Watch when the two devices have been paired together.

### 19 Add friends

The final part of the process will be to get some of your contacts across to your Apple Watch. While on the home screen of your Watch, press on the button underneath the Digital Crown to open the Friends menu (Fig 15). By default, this will be empty; by pressing on one of the panels provided, you can add the details of a friend. If you previously synced your contacts list across when we initially set up the Apple Watch, it's a simple case of adding your most used contacts to these panels. When you then press on one of these panels, you'll be able to instantly give them a call or send them a message.

### 20 You're done!

That's it, the setup process is completely finished. But before you delve into using your Apple Watch, we'd recommend a quick restart of your device to allow it to finish syncing any additional files and settings you may have added or edited during setup. If you're alarmed that your Apple Watch is being a little laggy the first few times you use it, don't worry as it's a common thing that has been noted to be happening with most devices. After a week or so, you should find that your Watch is in fully working order and you've got your hands on one of the best smartwatches on the market.

## Getting started

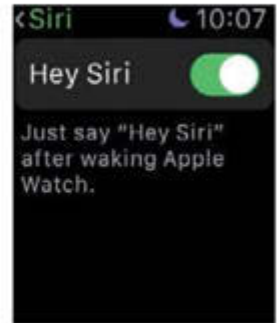


Fig 13 To get full voice control on your Apple Watch, open the Siri menu and enable the Hey Siri option that's provided

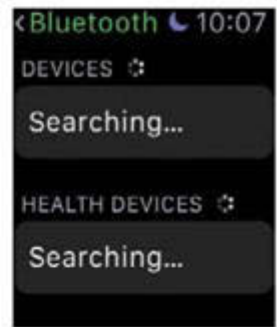
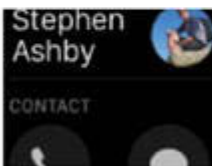


Fig 14 Open the Bluetooth menu on the Apple Watch to perform a full scan for any compatible headphones or smart TVs



You can use your voice to dictate messages and send them directly to contacts



Fig 15 Press on the side button to open the Friends menu. Force Touch on any of the panels to add details of a contact

### Apple Watch hardware

“To highlight a specific element on the Apple Watch display, Force Touch on the screen”

#### Force Touch

To highlight a specific element on the display, Force Touch on the screen, which is the equivalent of performing a long press on a phone

#### Take a screenshot

Although it can be hard to time correctly, by simultaneously pressing both buttons on the side of the Watch you'll be able to take a screenshot

#### Digital Crown

You can use the Digital Crown to not only access the app launcher on your Apple Watch, but also to scroll through pages of text on screen

#### Sensors

Around the back of the Watch, you'll find both the charging and heartbeat sensors. The latter is used when attached to your wrist

#### Find friends

Use the button underneath the Digital Crown to access the Friends screen. You can add your most recent contacts to this menu in a matter of minutes



## iPhone hardware

**App Layout**

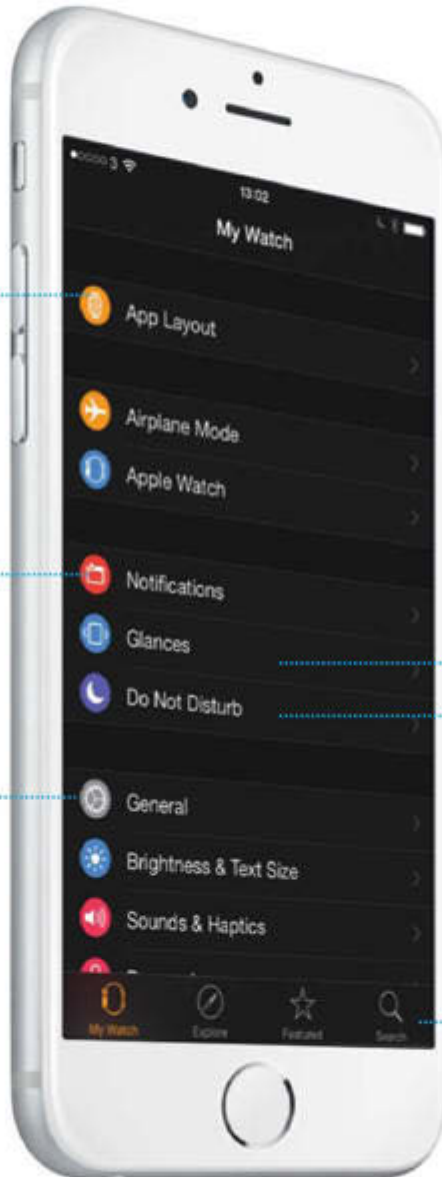
Choose this option to alter the layout of your device's app launcher. Whenever you make changes through the app, it'll be mimicked on your Apple Watch

**Manage notifications**

Your Apple Watch uses a lot of notifications, so make sure you stay on top of the apps that have access to them by selecting the Notifications tab

**Edit settings**

To edit specific settings in your Apple Watch, select the General menu. You can change things like the timezone and how it handles battery life from here



"You'll need to set up the apps that can use Glances through the iPhone"

**Set up Glances**

Before the Glances menu will be up and running on your Apple Watch, you'll need to set up the apps that can use them through the iPhone

**Do Not Disturb**

For a quick way of muting calls, texts and notifications on your Apple Watch, enable the Do Not Disturb mode from within the DND tab that's provided

**Download apps**

You'll need to press either the Search or Featured icons at the bottom of the Apple Watch app to find compatible third-party apps that you can download

# How to use your Watch

Learn all the basics with our complete guide to Apple's first ever smartwatch

If the Apple Watch turns out to be the very first smartwatch that you've owned, chances are you're going to be fairly clueless on some of its basic functions. Even if you're a seasoned smartwatch user, the Apple Watch does do things a little differently than most, so all your usual methods will undoubtedly be slightly different. Due to the complex nature of the Apple Watch, there are a ton of features and shortcuts to explore, but instead of it being a daunting task, Apple has made it quite enjoyable to truly discover what the Apple Watch is capable of. Nevertheless, if you're a little bit skeptical and need a push in the right direction, use this feature to master all the basics of Apple's first-ever wearable.



"The Apple Watch does things a little differently to other smartwatches"

### Turn your Watch on and off



**1 The power button** The power button on the Apple Watch sits below the Digital Crown. Hold it in for three seconds until the Apple logo appears, signifying that the Apple Watch is turning on. The home screen will now appear.



**2 Power off** Hold the power button until the power off menu appears.



**3 Swipe to confirm** To power off your watch, swipe from left to right.

### Turn the Watch display on and off



**1 Off** Instead of holding the power button in, which turns the Watch off, a single press will turn the display off.

**2 On** To then turn the display on once again, press the power button one more time to open the home screen.

## Lock and unlock



**1 Open Settings app** The main locking system on Apple Watch is in the form of a Passcode. Open the Settings app on your device and find the Passcode option that's located right at the bottom of the menu.



**2 Enable Passcode** On the next menu, select Enable Passcode.



**3 Add a Passcode** Type in a Passcode using the digits to add a lock.

## Manage your apps



**1 Force Touch** Open the app launcher on your Apple Watch and Force Touch on any app icon that you'd like to move. The screen should now vibrate and the icon will be available to move.



**2 Place down** Put the icon where you want it and press on it to drop it down.



**3 Check storage** See how much space is left in the About section.

### Charge your Apple Watch



**1 Attach charger** Attach the Apple Watch cable to the magnetic plate.



**2 Start charge** Plug the end of the cable into the mains or via USB port.



**3 Fully charged** Go to the Battery page in Glances and check its charge.

### Activate power reserve mode



**1 Find Power Reserve** Hold the power button for three seconds to reach the power off menu.

**2 Activate it** Instead selecting the Power Off option, select the Power Reserve mode option to activate it.

### Change the volume



**1 Open Settings app** Open the Settings app that's represented by a small gear icon on your Apple Watch, before selecting the Sounds & Haptics menu that you can find within your various settings.



**2 Set volume** Use the volume bar to adjust the volume on your watch.



**3 Toggle mute** You can mute sound with the mute option at the bottom.



### Zoom in and out



**1 Get a group** While on the app launcher, grab the Digital Crown between two of your fingers.

**2 Rotate to zoom** Rotate either clockwise or anti-clockwise to zoom in and out of the launcher.

### Set the brightness



**1 Access your settings** Open the Settings app from the bottom left of the Apple Watch app launcher.



**2 Set brightness** Scroll until you reach the Brightness tab, and use the toolbar to set the brightness.

### Take a screenshot



**1 Press buttons** Find the screen that you want to screenshot and press the Digital Crown and power button simultaneously.

**2 Saved to Photos** The screenshot you just took will be readily available for you to view within the Camera Roll in the iPhone Photos app.

### View and respond to notifications



**1 Swipe on screen** Swipe up once to open the Notifications menu.



**2 Check notifications** Swipe left and right to open other notifications.



**3 Respond** At the bottom you'll see options to respond or dismiss it.





### Locate your iPhone



**1 Open Glances** Swipe down once on your Apple Watch home screen to open up the Glances menu.

**2 Find your iPhone** Press on the phone icon on the first Glances page to send a high-pitch tone to your iPhone.

### Activate Airplane mode

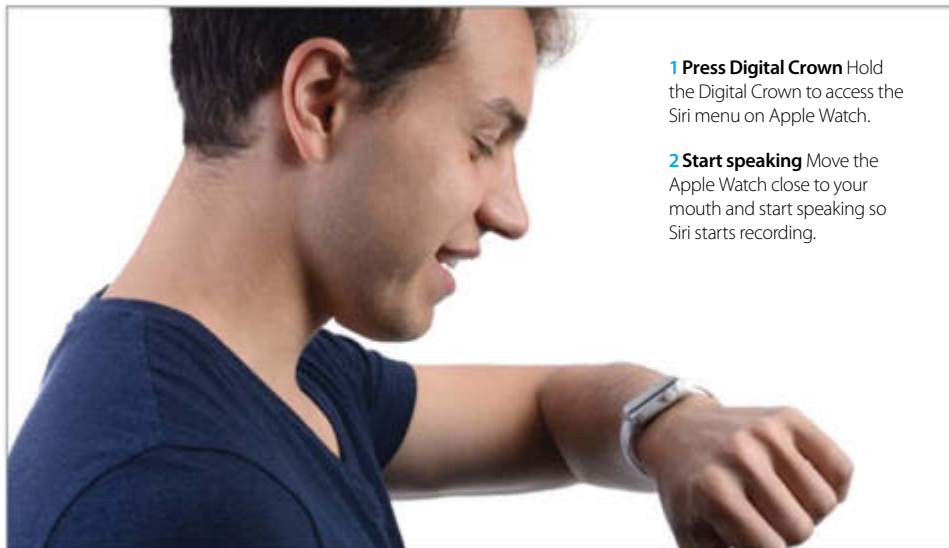


**1 Open Glances** Open the Glances menu from the home screen by swiping up once.



**2 Activate Airplane Mode** Press the aeroplane symbol to enable Airplane Mode on your Watch.

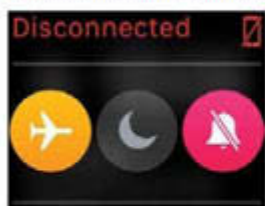
### Access Siri



**1 Press Digital Crown** Hold the Digital Crown to access the Siri menu on Apple Watch.

**2 Start speaking** Move the Apple Watch close to your mouth and start speaking so Siri starts recording.

### Master Settings panel



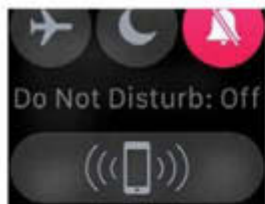
#### 1 Connect to iPhone

Open the Settings Glances panel and iPhone Apple Watch app.



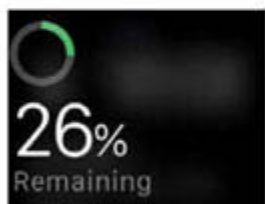
#### 2 Enable Do Not Disturb

Press on the moon icon to activate Do Not Disturb mode.



#### 3 Ping your iPhone

If you've lost your iPhone, use the bottom icon to send an alert to it.



#### 4 Muting benefits

Using mute and Do Not Disturb can save a lot of battery life.

## Glances

# Glances

Access quick snippets from your favourite apps using Glances

### Quick overviews

One of the reasons many of you would have bought an Apple Watch is to have a device that can provide you with all the information you need within seconds of turning it on. To make these processes as seamless as possible, Apple has introduced the Glances feature. As its name suggests, Glances provides users with snippets of information from their favourite or most-used Apple Watch apps. A quick scroll up from the Watch face will open the first Glances panel. From here it's a case of swiping left and right on the display to access the different panels. By default, you'll find most of the first-party apps will have their own dedicated panel, but you do have the option to change the ones that are listed. Some of the ones to check out include the Heart Monitor Glance, for a quick reading, and also the Settings Glance for instant control of some of your Apple Watch's settings.



### Adding panels

Although the standard array of panels looks great, you may want to expand it somewhat. For this,

you're going to need to open up the Apple Watch app on iPhone and select the Glances menu. From here you'll be able to see every app that currently has its own Glances panel, as well as the order in which they're arranged. Long-press on any of the app listings and drag it up and down to get the layout and order you want.

If you then scroll down to the bottom of the page, you'll see all the third-party apps that are installed on your device. Simply use the '+' symbols that sit on the left side of the listing to add them to your Glances menu. One of the best things about the Glances menu is that it's completely customisable, so much so that you can choose to have as many or as few panels as you wish. Generally, it's best to simply play around with the options and see what works for you. You'll settle on the right mix in time.



### Add shortcuts to apps

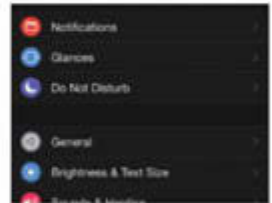
Once you've put together your chosen Glances menu, head back to your Apple Watch. If you've dramatically changed things, chances are your Watch will need to sync the new array of menus together – so be patient at this point. Some of the Glances panels you've added will undoubtedly have some amazing

features that are worth exploring and many offer quick shortcuts to apps. One of the best Glances integrations we've seen during our time with the Apple Watch is for the battery. Through this panel, not only can you monitor the overall remaining battery life of the Apple Watch, but also have access to a quick way of enabling Power Reserve mode. It's a very handy method for preserving your Watch's battery life. For the most part, however, you'll simply want to play around with the various panels to discover what the Glances menu is really capable of.



You can get an instant heart rate reading through the Glances panel; just make sure you're wearing the Watch

## Order Glances panels



### 1 Open iPhone app

Open the Glances menu in the My Watch section of the app.



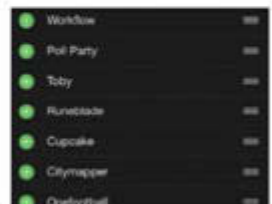
### 2 What's enabled?

Each app with the '+' icon to the left is enabled to work in Glances.



### 3 Arrange layout

Use the icons to the right to drag them into your preferred order.



### 4 Add extra apps

Scroll down to see third-party apps. Use '+' icons to add them.



Fig 1, Clock Customise your faces

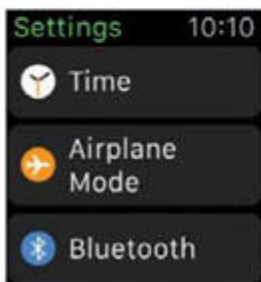


Fig 2, Settings Personalise your Watch

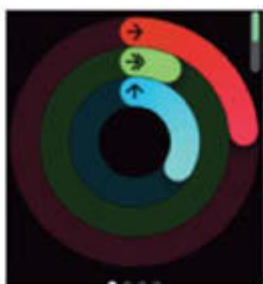


Fig 3, Activity Track your daily movements

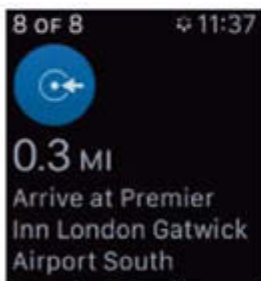


Fig 4, Maps Get directions on your wrist

# Built-in applications

Your at-a-glance guide to what Apple's built-in Watch apps can do for you



**Clock** At the heart of the Apple Watch is the Clock app. Though it's much more besides, the Watch shines as a timekeeping device, with a range of customisable faces to choose from. See page 38.



**Settings** The Settings app is where you can change every element of your Apple Watch to your liking. From screen brightness to vibration intensity, everything is available to tweak. See page 44.



**Messages** Keeping in contact with your friends has never been easier. The Messages app for Apple Watch ensures you receive all your important correspondence, straight to your wrist. See page 48.



**Phone** The Phone app makes it easy and convenient to both take and respond to phone calls. Either pick up, or send a quick response on the fly from your Watch. See page 52.



**Mail** Responding to emails on your Apple Watch is a breeze, with this slick app boiling the process down to its essentials. Read and respond to mail with just a few taps of your wrist. See page 54.



**Calendar** Keep on top of your appointments with the Apple Watch's Calendar app. View your weekly itinerary and get subtle reminders when an important event is on the horizon. See page 58.



**Activity** The Activity app makes use of the Apple Watch's array of sensors to deliver detailed information about your daily movements, giving you a huge number of stats to pore over. See page 60.



**Workout** When it comes to exercising, the Workout app should be your first port of call. Again, it uses the Watch's sensors to track your heart rate, and the number of calories you're burning. See page 64.



**Maps** Its screen might be small, but the Apple Watch's Taptic Engine means that it's super effective at giving directions. Simply open the Maps app and it'll tap you when it's time to turn. See page 68.



**Passbook** Physical tickets could soon be a thing of the past, and the Apple Watch's Passbook app is sure to be the future – whether it's buying movie tickets or swiping through customs. See page 70.

## Built-in applications



**Music** Thanks to the Apple Watch, you'll no longer need to fumble around looking for your phone just to skip a particular song. The Music app puts all the essential controls at your fingertips. See page 72.



**Camera Remote** Your iPhone snaps are now no longer restricted by the length of your arm. With the Apple Watch, you can pick your moment and press the shutter from a distance. See page 76.



**Remote** Apple's products have always linked together well, and the Apple Watch is no exception. The Remote app allows you to control your Apple TV from your wrist. See page 78.



**Weather** Tracking the temperature and checking the forecast has never been easier thanks to the Weather app, which presents you with a wealth of information at a glance. See page 80.



**Stocks** In the stock market every second counts, so having instant access to information is crucial. The Stocks app for Apple Watch knows this, and makes checking prices a breeze. See page 82.



**Photos** Browsing photos on your Apple Watch could have been clunky, but Apple's elegant app makes it fantastically easy. You won't need to fish those pictures out of your wallet in future. See page 84.



**Alarm** Your Apple Watch is with you, wherever you go, so it makes sense to have it alert you when you need a reminder. The Alarms app is simple, but you'll find it's one of your most used apps. See page 86.



**Stopwatch** Whether it's a race, a test, or any other event that needs to be timed, the Stopwatch app provides an ideal solution, and the Apple Watch's impeccable timekeeping ensures it's accurate. See page 87.



**Timer** You might be cooking a meal, or perhaps simply having a nap, but in any case, there are many occasions when the Timer app is useful. And thanks to the Apple Watch, it's available in an instant. See page 88.



**World Clock** Using the Apple Watch's perfect timekeeping, the World Clock app is able to give you the time in any location around the globe at a glance – no arithmetic necessary. See page 89.



**Siri** The Apple Watch is small, and lacks a keyboard, but that doesn't matter when you have Siri. Apple's virtual assistant is an essential tool for navigating the Watch and getting things done. See page 90.



**Digital Touch** The Apple Watch has pioneered several brand new ways of communicating, allowing you to tap friends on the wrist, send them a sketch in real time, or even send your heartbeat. See page 94.



**Apple Watch** The Apple Watch iPhone app is one of the most important bits of software you'll use. It's essential for managing content on your Watch, as well as tweaking additional settings.

## Getting started

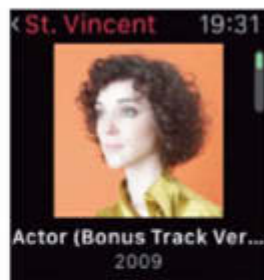


Fig 5, Music Control your music playback



Fig 6, Weather Check your local forecast

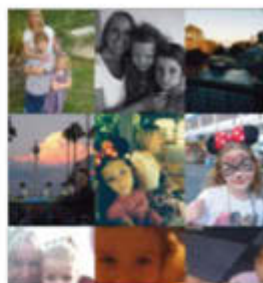


Fig 7, Photos View your favourite snaps

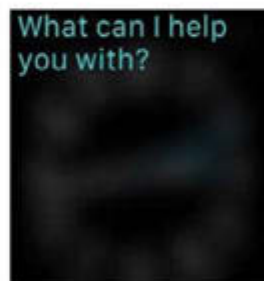


Fig 8, Siri Ask questions and get answers





### You'll use it to...

#### Check the time

Traditional or modern, choose how you visualise time

#### Keep up to date

Find out the date, check your alarms and more

#### Pick a Watch face

Choose between ten different Watch faces as standard

#### Personalise the look

Change the colour and background image

#### Add extra information

Add Complications to the face, including calendar events

#### Access more

Swipe down for notifications and up for Glances



**Fig 1 (above)** You can select and customise the faces to suit you

## Clock

# Clock

Learn everything you need to know about the Clock app on your Apple Watch

### Timekeeping

The Apple Watch is full of innovative and exciting features to explore, but at its core – as with any watch – is its ability to show you the current time of day.

The Clock app showcases your chosen Watch face and acts as a kind of secondary home screen. From the Watch face, swipe down to check your notifications, swipe up for Glances and press the Digital Crown to open the app home screen.

Your Apple Watch will often beep or vibrate, alerting you to recent messages, alarms or other updates. The Clock app enables you to quickly and conveniently manage these notifications. For example, if you have an unread text message, you can swipe down to reveal the message and then dismiss it or respond to it accordingly.

Although the Clock is a hub for accessing the app home screen, notification menu and Glances, its primary role is displaying the Watch face.

### Choose a Watch face

The Watch faces are one of the most iconic and beautiful features of the new Apple Watch. Pressing firmly on the



**Fig 2 (right)** The Clock app contains the Watch face

Watch face take you to the editing mode, showcasing a range of unique and customisable faces.

Many of the Watch faces offer a traditional round dial, evoking a more familiar Watch experience on the rectangular-shaped Apple Watch display. Others, including the Modular face, offer a modern digital style with an emphasis on displaying information. With a celestial theme, the Astronomy and Solar themes visualise time in terms of the solar cycle, moon phase and even planetary alignment. Practical faces such as the Chronograph offer a stopwatch and activity tracker, whereas the Mickey face, featuring a foot-tapping Mickey Mouse, is more fun and light-hearted.

The Utility and Simple faces are very similar in concept. Both can be packed with detail, features or simplified to just the dial and hands. The Simple face takes this a step further with the option to remove the dial completely. Motion is one of the most dynamic faces available, allowing you to choose between an animated butterfly, flower or jellyfish as the background. The only additional option is to add a date to the display. The analogue Colour and digital X-Large Watch faces are two of the brightest and most colourful faces on the Apple Watch. In the Watch face editing mode, you can turn the Digital Crown in order to scroll through a range of colours for the faces.

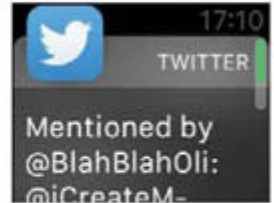
## Customise your Watch face

There is a great deal more to the Clock app than simply telling the time. It also gives you the chance to add your own personality to your Apple Watch. Picking a Watch face is just the beginning, as you can further customise the properties and appearance of most faces to suit your own personal tastes. You can edit



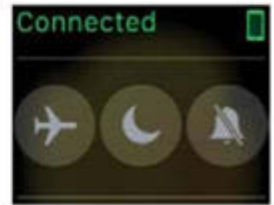
The Clock app is positioned at the centre of the app home screen and is the only icon that cannot be moved

## Notifications & Glances



### 1 Show notifications menu

Check notifications by swiping down from the Watch face.



### 2 Access Glances

You can find Glances by swiping up from the Watch face.



### 3 Variety of Glances

Swipe left or right to view all ten glances. More can be added.



### 4 Return to Watch face

Swipe down or press the Digital Crown to return to the Watch face.

## Built-in apps

### Clock



**Fig 3** Complications vary from the fairly standard Date and Battery features, to the more obscure Moon Phase variety

a variety of features, from the colour and timescale to the level of detail and background image.

In addition to changing the cosmetic appearance, you can add Complications to your Watch face. Complications, a term used in the study of clocks and watches, refers to things beyond the basic timekeeping function of the clock. While customising your Watch face, swipe left to view certain predefined areas, highlighted by green outlines, where you can add Complications. This allows you to add extra information including the date, weather, activity tracker, location, moon phase and more. Press the Digital Crown to save any changes and exit the editing mode.



Whether you prefer a simple and refined style or a bright and eye-catching look, you can customise the Watch face to suit you.



#### World Clock

Select your local time or view a time from anywhere around the world with the World Clock Complication

#### Weather

Add a Weather Complication and you can view the temperature at your location in Celsius or Fahrenheit

#### Calendar

The Calendar Complication highlights the day's upcoming events marked on your paired iPhone's Calendar app

#### Date

This Complication gives you the option to show the day and date or just the date, as shown here





The X-Large Watch face offers a colourful, simple and modern-looking digital display for your Apple Watch

## Add and remove Watch faces

It is probable that Apple will make more first-party Watch faces available in the future. Until then, you can add new faces by duplicating one of the eight customisable faces, allowing you to have multiple sub-displays.

Add more faces by pressing firmly on the Watch face to bring up the editing mode and swiping left to reveal the '+ New' button. Use your finger or the Digital Crown to scroll through the choice of faces. Once you have selected one to duplicate, tap it to set it as your new Watch face. Finally, return to the faces gallery with a firm press, scroll left and tap Customise on your newly created face. For example, you may now have two Chronographs faces which you can individually customise – perhaps a day and a night style?

To remove any of the Watch faces, swipe upwards in the editing mode to reveal a picture of a waste bin. If you accidentally delete

## Customising Watch faces



### 1 Change colour

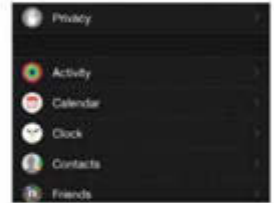
The top white dots show the number of pages. This one changes the colour.



### 2 Edit Complications

Swipe left to Complications to add, remove and change several features.

## Disable push alerts



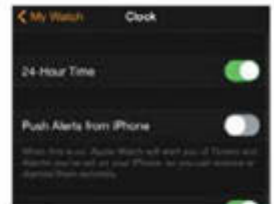
### 1 Open Clock settings

In the iPhone Apple Watch app, scroll down and tap Clock.



### 2 Push Alerts from iPhone

This setting notifies you via Watch of alerts/timers set on iPhone.



### 3 Disable push alerts

Tap the green switch to disable Push Alerts from iPhone.



### 4 No interruptions

The Watch will no longer alert you to timers/alarms set on iPhone.

## Built-in apps

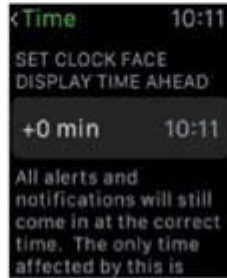


**Fig 4** You can change the colour of your Watch face using the Digital Crown, vastly increasing the variety of looks available

## Clock

one of the original ten Watch faces, don't panic – you can replace it by swiping left in the gallery, tapping '+ New' and selecting the face to replace it.

Although there isn't currently a process whereby you can download or create entirely new faces, this method allows you to quickly and conveniently swap between different versions of the same style of face.



## Explore the Clock settings

You can delve deeper into the workings of the Clock by opening the Settings app. From the Watch face, press the Digital Crown to go to the app home screen. Tap the Settings app and then select Time. The only option that you have access to from the Watch itself is to manually adjust the time being

### Activity tracker

Most Watch faces allow you to add an activity tracker Complication, but your activity can also be accessed through Glances

### Clock

The Clock app is a hub for accessing many features found in other apps through the Watch faces and Glances

### Events

Details of your events can be found by swiping up from the Watch face in the Clock app to Glances

### Stopwatch

The Chronograph Watch face adds a convenient and easy-to-use stopwatch Complication in the Clock app



The Astronomy and Solar Watch faces are the only two that cannot be customised by the user

displayed – for example, you could set the time to be 5 minutes ahead to try to avoid being late for any appointments. For more extensive options, you'll need to turn to your paired iPhone. In the Apple Watch app, scroll down to Clock to access the relevant settings. Here, you can decide whether you want to use a 24-hour time format, add a monogram to your Watch face or change what city abbreviations are used in your Complications.

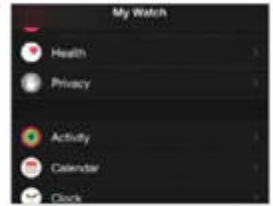
You can also change whether or not you want push alerts from your iPhone to come through on your Apple Watch. When enabled, your Watch will alert you to alarms and timers set on your phone, which can then be snoozed or dismissed remotely from the Watch. You may sometimes notice a small red dot at the top of your Watch face – this indicates you have an unread notification. This red dot indicator can be disabled in the Clock settings of the Apple Watch app on your iPhone: simply tap on the Notifications Indicator in order to turn it off.

### Timekeeping without an iPhone

If you haven't yet paired your Apple Watch to an iPhone, or your paired device has gone out of range, a small red image of a phone with a line through it will appear at the top of your Watch face. Many of the Apple Watch's functions do require a paired phone in order to work, but you can continue to use the Watch to check the time and even set alarms without an iPhone in range.

However, obviously we recommend you keep your devices paired and within range whenever possible. The Apple Watch is entirely complementary to the iPhone, and the two work best when used in tandem – with the Watch as a brilliantly quick and simple portal for checking the time, dealing with notifications, and completing simple tasks, and the iPhone as a more advanced hub, ideal for managing the more complex and intricate aspects of the Watch that would otherwise be unwieldy to deal with.

### Add a monogram



#### 1 Open Apple Watch app

In the iPhone app, scroll down and select the Clock setting.



#### 2 Select Monogram

Within Clock, tap on Monogram and enter 1-4 letters for it.



#### 3 Enter Watch face gallery

Swipe left or right to find the Colour face, then tap Customise.



#### 4 Customise the Colour face

Swipe left and tap middle box. Turn Crown to select Monogram.



# Settings

Change your Apple Watch settings to suit your personal requirements

## You'll use it to...

### Connect to other devices

Pair your Watch with devices via Bluetooth

### Set a Passcode

Enter a four-digit passcode for security

### Change the brightness

Select one of three brightness settings

### Increase the vibration feedback

Ensure you never miss an alert or notification

### Adapt your Watch wearing

Set which wrist and orientation you use

### Start again

Reset your Watch by erasing all content and settings

## Control your Watch

From the Settings app, found on the home screen, you can configure the Apple Watch to suit your needs. Use your finger or the Digital Crown to scroll through a list of settings and options to edit the appearance, functionality and accessibility of your Watch. The majority of settings for your Apple Watch can be accessed through the app on the Watch; however, more options are available on the accompanying Apple Watch app installed on your paired iPhone. In that app, there is a tab called General which contains additional Watch information and settings.

## Stay connected

Bluetooth allows your Watch to connect to a range of compatible devices in addition to a paired iPhone. Wearable peripherals including health tracking kits, and audio devices such as headphones, can be connected. In the Settings app on the Watch, tap Bluetooth to search and connect to compatible devices. If your Watch is already connected to a device, you can disconnect it from here.

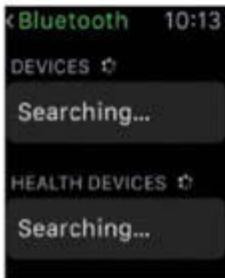


**Fig 1 (above)** Configure your Watch to suit your own preferences

**Fig 2 (right)** Access the Settings app from the Watch home screen

There will be times when you won't want your connected devices to push alerts and notifications to your Apple Watch. Airplane Mode turns off the Watch's Bluetooth connection and disconnects it from any paired iPhone. The Apple Watch will still function, but no data, emails or messages will be sent or received to/from the Watch until it's switched off. Another option is to enable Do Not Disturb mode, which silences all incoming calls and alerts, except for alarms.

If you enable the Mirror iPhone setting in the Apple Watch app on your iPhone, changing Airplane Mode or Do Not Disturb on either device will be matched by the other. This is a convenient way to ensure both your devices have the same setting.



### Make it more accessible

There are a range of settings on your Watch designed to improve the user experience and make it more accessible. In the Settings app on the Watch, tap Brightness & Text Size to select from one of three brightness levels for the display and one of six text sizes. Text can be made bigger to make it clearer on the

screen, or smaller so more text can be displayed on it at once. Tap Bold Text to make reading even easier – although this requires a restart of the Watch.

There are also settings to change the volume and vibration levels on the Watch. Go to Sounds & Haptics in the Settings app and tap the sliders to adjust the sound levels and haptic feedback (ie vibration) intensity. There is also a Mute option to effectively put your Watch into silent mode.

Haptic feedback is the term used to describe the vibrations you feel when you receive notifications or perform certain functions.



Turn on Hey Siri in the Settings app on your Apple Watch in order to start Siri using voice activation

### Wake on wrist raise



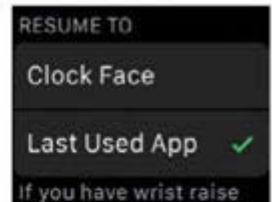
#### 1 Open the Settings app

Scroll down, open General, then tap Activate on Wrist Raise.



#### 2 Enable Wrist Raise

Tap Wrist Raise. This makes raising your wrist turn the screen on.



#### 3 Resume To

Select if it displays the Clock Face or Last Used App upon waking.



#### 4 Try it

Upon raising your wrist, the screen will wake to your chosen option.



## Built-in apps



**Fig 3** Secure your Apple Watch by setting a passcode which must be entered to use it

## Settings

You can adjust the intensity of the vibration, as well as turning on Prominent Haptic to add extra emphasis to the vibrations.

Tap Accessibility under the General tab for additional options. VoiceOver makes using the Watch easier if you can't see the display, by reading out what is selected. Zoom magnifies the display to make text and images clearer to see. On/Off Button Labels add a number one (1) to settings that are enabled and a zero (0) to those that are disabled. Reduce Motion makes some animations, including switching between the home screen and Watch face, simpler and easier to follow.

### Change orientation

Open up the Settings app on your Apple Watch, go to General and then tap the Orientation option. Select the wrist that you wear the Watch on and which side the Digital Crown is situated on, so that raising your arm wakes the Watch up and the Crown scrolls in the appropriate direction.

#### Watch Settings

The Settings app can be found on your Watch home screen. Additional options are available on the iPhone companion app

#### General Settings

Find accessibility modes, reset options and information about your Apple Watch under General

#### Sounds and Haptics

Boosting the volume and turning Prominent Haptic on will ensure you are alerted to notifications

#### Brightness and Text

Make content on the Watch screen easier to see by increasing the brightness and text size





Reset your Watch by selecting Reset and Erase All Content and Settings under General in the Settings app

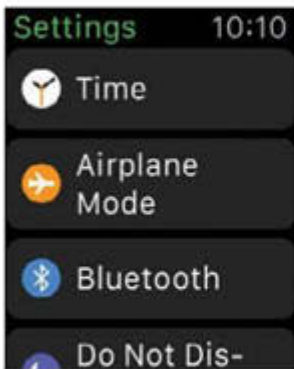
### Set a passcode

Secure your Apple Watch by setting a passcode. In the Settings app, scroll down and tap Passcode – this displays the option to create a new passcode or change an existing one. Selecting Enable Passcode prompts you to enter a four-digit code (Fig 3) which, when confirmed, you'll need to enter each time you use the Watch. If you've set a passcode, you'll see a new Unlock with iPhone option. When you turn on the corresponding setting in the Apple Watch app on iPhone, unlocking your iPhone will unlock the Watch as well.

### About your Apple Watch

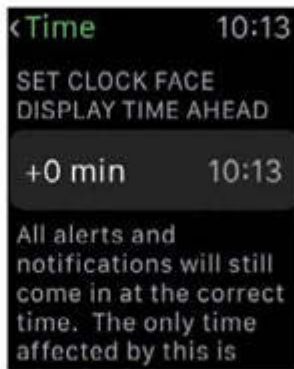
To find out more about your Apple Watch, in the Settings app go to General and tap About. Here you'll find info including the name, number of applications installed, available storage and the software version. It also contains the model and serial number of the Watch.

### Change the time



#### 1 Time settings

Open the Settings app on the home screen and tap Time.



#### 2 Set clock time ahead

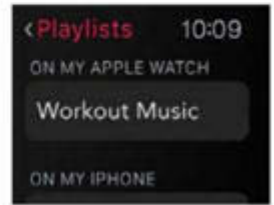
Tap the button and turn the Digital Crown to adjust the time. Tap Set.

### Play music



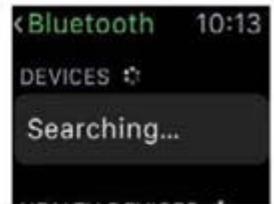
#### 1 Store music on your Watch

In the iPhone Apple Watch app, tap Music then Synced Playlist.



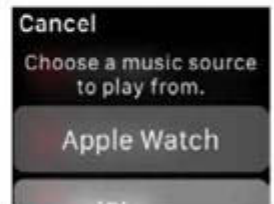
#### 2 Sync playlist

Choose a playlist to save to Watch. Place it on the charger to sync.



#### 3 Pair speakers or headphones

In Watch Settings, tap Bluetooth to connect with devices.



#### 4 Play music

In the Watch Music app, Force Touch, tap Source>Apple Watch.



# Messages

Send and receive messages on your Apple Watch

## You'll use it to...

### Check your messages

Simply raise your wrist to see your messages

### Send and reply to messages

Use text, audio or animated emojis to reply

### Use Smart Replies

Respond to messages with prewritten replies

### Never miss a message

Your Watch will alert you with a gentle tap

### Send your location

Let your friends and know where you are

### Mirror your iPhone

The Watch mirrors your phones notifications

## Manage your messages

From the Messages app on your Apple Watch, you can view, reply and send new messages to your contacts.

You will be alerted when you receive a new message by the sound of a 'ding' and a gentle tap on your wrist. Rather than pulling out your phone from your pocket, you can simply raise your wrist up to display the new message and then lower it to mark as read and dismiss it.

The Messages app displays a list of recently received messages. You can tap on one to open a message into a conversation, showing all sent and received messages from that contact. You can then scroll down to the end of your conversation and tap reply to send a new message to that person.

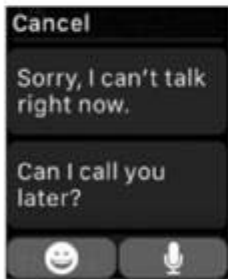
On your messages list, swipe left on a message to access more details or delete it. Tapping Details opens the contact's info and presents you with options to call or send a message. The Delete option lets you remove the message, but this doesn't delete the message from the messages app on your iPhone, so you will always have a backup.



**Fig 1 (above)** Smart Replies are the quickest way to respond to messages on the Apple Watch, and can be customised on your iPhone

**Fig 2 (right)** Emojis can be tweaked to your liking. Simply use the Digital Crown to scroll through the various options

You can decide how you want to be notified within the Apple Watch app on your paired iPhone. Tap My Watch and then Messages to show the notification options. Tap Custom and select whether you want your Watch to show alerts, use haptic feedback to tap your wrist or play sounds to alert you of new messages.



### Replying to a message

When you receive a message, you can reply immediately or do so later through the Messages app. Apple has provided a variety of ways for you to respond, from simple text responses to audio messages and animated emojis.

To reply, open the message through the notifications menu or the list in the

Messages app, scroll down to the end of the message and tap Reply. You have the option to use one of Apple's Smart Replies, like 'What's up?' and 'OK', dictate an audio message or send an emoji. There is no keyboard option on the Watch.

If you tap the microphone icon, you can speak into your Watch and Siri will transcribe the message. This dictation process works well, as the Apple Watch predicts what you might say from the context of your message. You can send this as text message or an audio reply so the person will hear your voice.

### Smart Replies

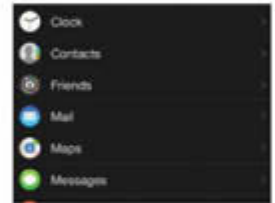
Apple provide a range of prewritten responses, allowing you to quickly and conveniently reply to a message. Smart Replies are the fastest way to respond to a message, and may be the best option if you don't want to speak into the Watch directly to dictate a reply.

You can edit these Smart Replies from the Apple Watch app on your iPhone. To do this, go to the app and scroll down to Messages.



The Messages app on the home screen can be moved around, but it can't be deleted

### Set default audio reply



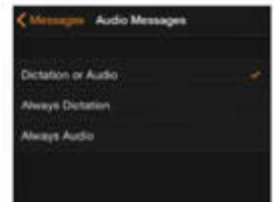
#### 1 Dictation/Audio to reply

Tap Messages on the Apple Watch app on your paired iPhone.



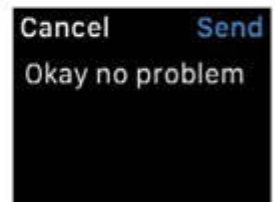
#### 2 Audio Messages

Tap Audio Messages to display the default audio reply options.



#### 3 Dictation or Audio

Set an option to forgo having to choose for each new message.



#### 4 Default Reply

Audio messages will now be sent as text or audio.

## Built-in apps



**Fig 3** At launch, the Apple Watch's range of smart emojis is limited to a heart, a smiley face, and a hand

## Messages

Inside Messages, tap the Default Replies option. From here, you can tap on any of the six prewritten replies to add your own text.

### Send a new message

From the Messages app, press firmly to bring up the New Message option. From here you can add contacts and begin composing your new message. Alternatively, you can open a new message through Siri with a double-tap of the Digital Crown and saying which contact you wish to message.

Like with replying, you can send a Smart Reply, audio recording or emoji. Once you have entered your message, tap Send.

### Sharing Emojis

As well as a typical range of emojis you can find on most smartphones and social media, the Apple Watch lets you send and reply to messages with one of three dynamic emojis. It's likely that Apple will provide more in future updates, but at launch you

#### Recent messages

Messages app displays a list of your most recent messages and contacts

#### Show details

Show contact details and send new messages

#### Delete messages

Tap the bin icon to delete the message from your Watch. This does not delete it from your phone

#### Send a new message

Press firmly from anywhere on the message list to send a new message



Send your current location in a message via the Watch. Press firmly on a message and tap **Send Location**

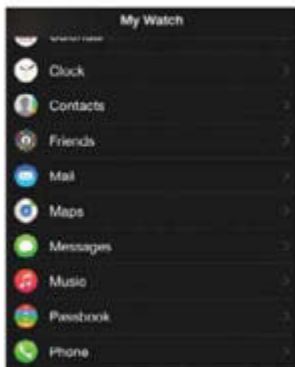
can choose between an animated face, heart or hand. Using the Digital Crown, scroll through different variations of each emoji – for example, you can send a happy face, broken heart or thumbs up.

### Playback photos, videos and audio

If you receive a photo in a message, double-tap it to view in full-screen. You can use your finger or the Digital Crown to pan around the image. Swipe left from the edge of screen to return to the message. To save the photo, open the message on your paired iPhone and save it there.

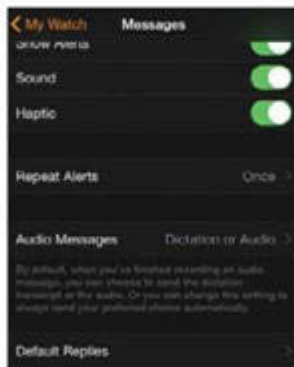
Similarly, you can tap to play video or audio clips in a message. Tap again on video files to show playback controls and turn the Digital Crown to adjust the volume. Audio files are deleted two minutes after playback to save space, but can be saved on your iPhone for 30 days by tapping **Keep** below the clip.

### Send Read Receipts



#### 1 Notify you've read messages

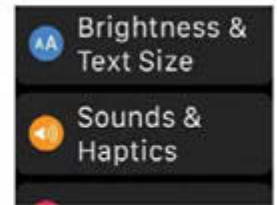
On Apple Watch's iPhone app, tap **Messages** and **Send Read Receipts**.



#### 2 Toggle Send Read Receipts

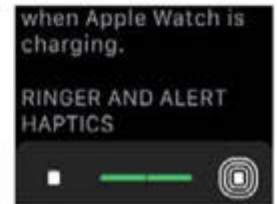
Enable the setting to show your friends you have read their message.

## Never miss a message



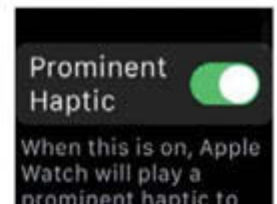
#### 1 Increase the haptic feedback

In the **Settings** app on your Watch, select **Sounds & Haptics**.



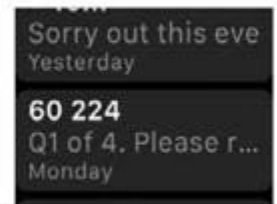
#### 2 Increase the vibration

Tap right or scroll up on the **Ringer and Alert Haptics** bar.



#### 3 Enable Prominent Haptic

Toggle the **Prominent Haptic** for stronger vibrations on alerts.



#### 4 Good Vibrations

Stronger haptic vibrations will ensure you never miss a message.



### You'll use it to...

#### Answer calls in a hurry

Answer calls when your phone is not handy

#### Calling and multitasking

Speak to a friend while doing something else

#### Enjoy the novelty

Embrace the futuristic way of calling

#### Call and control your iPhone

Make calls from your iPhone with your Apple Watch

#### Mute calls with your palm

Dismiss incoming calls by covering the screen



**Fig 1 (above)** You can initiate outgoing calls in seconds

**Fig 2 (right)** The calling interface could not be easier to understand

## Phone

# Phone

Yes, you really can make and receive phone calls on your Apple Watch

### Contact calling

Apple has ensured that you can make calls to your friends and colleagues in seconds, despite the Watch's small screen and limited navigation controls. You can press the side button to quickly make contact with those closest to you, or select the Phone app and then tap Contacts. If you scroll the Digital Crown downwards, you will see the letter 'A' appear at which point you can then scroll upwards to jump through the alphabet and find the person you want to call in double-quick time (Fig 1). With the ability to call from links included as well, you will likely never find yourself scrabbling around wondering what to do.

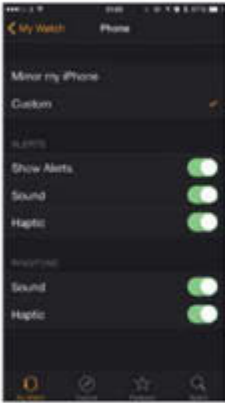
Calling from the Apple Watch is a novel and enjoyable experience which works surprisingly well and also offers the kind of emotional feedback few other devices can manage (Fig 2).

### Your real phone

The Apple Watch does not have a built-in cellular radio, but rather it can make a receive calls through your iPhone. It has a microphone and a speaker so you can hold a conversation







by holding the Watch near to your mouth and talking 'Dick Tracy' style, which we admit is a bit of a thrill. All of the work is done on your iPhone and in the Apple Watch app you can manage various settings including the alerts, sounds and whether or not to use the haptic function for alerts. Our advice, however, would be to simply select the 'Mirror my iPhone' option because this is the simplest method and it works very well indeed. If you think of the Apple Watch as merely an accessory for

your phone then you can judge better when and where to use it, but it remains the case that it is best used only when the iPhone is not available.

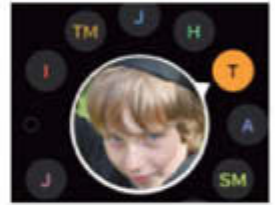
## When and where?

Making and receiving calls on your Apple Watch will have an inevitable impact on battery performance and so you should only use it if it is absolutely necessary. Your iPhone includes a much bigger battery and also offers better sound quality through its speaker, which makes the calling experience feel more natural and easier to use. Apple states that you should "Use the built-in speaker and microphone for quick chats, or seamlessly transfer calls to your iPhone for longer conversations." For these reasons, the transfer process is very easy, which makes swapping between the devices feel completely natural. Despite the obvious limitations and the fact that the iPhone is still preferable for mobile calls, there is no doubt that the ability to make and receive calls from your wrist is still one of the standout features of the Apple Watch experience. The future just got one step closer to reality.



You can tap a phone number in an email or message to call it straight away from your Apple Watch

## Start a new call



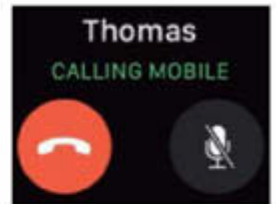
### 1 Who to call?

Press the side button and turn the Digital Crown to select a contact.



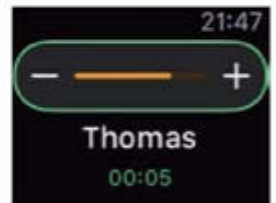
### 2 Tap the icon

From the contact's photo, tap the phone icon to begin the call.



### 3 Calling...

Visual indicators let you know exactly what is happening.



### 4 Adjust the volume

Use the Digital Crown to adjust the volume during the active call.



# Mail

Carry your emails with you wherever you are with the Apple Watch Mail app

## You'll use it to...

### Never miss an important email

Receive alerts for all of your new emails.

### Check your email inbox

Browse through your inbox in style.

### Archive and dismiss emails

You can easily archive unimportant mails.

### Get to inbox zero

Your Watch can help you reach inbox zero.

## Basic management

When you consider how you should use your Apple Watch for dealing with email, the best approach is to think of it as a viewer that will instantly alert you to what has been received. This means that you will always be aware of what is happening and be able to read the latest messages, but you can also undertake some basic management of your inbox. Reading an email (Fig 1) will not always mark it as read on your iPhone, but you can use the Apple Watch to mark items as unread and also add flags and archive emails. If you have a very busy email inbox (Fig 2) and are dealing with dozens of messages per day, these features can help you to manage it no matter what you are doing, which is a nice bonus.

## Your email, your way

The Apple Watch Mail app is entirely dependent upon how you have set up your emails on your iPhone, but this is far from a bad thing. It means that you can choose how many accounts you want to use, how often new emails are fetched or pushed to you and exactly how you prefer to manage your inbox. Despite the understandably scaled-down



Fig 1 (above) Most emails can be read directly on the Apple Watch

Fig 2 (right) The inbox view will feel familiar if you own an iPhone





interface of the Apple Watch Mail app, it is still perfectly usable and if you remember that the iPhone is doing most of the heavy lifting, you will come to appreciate just how useful the Apple Watch is for email management. If you want to ensure that you never miss an important communication, you should set a frequent fetch period and make

sure that you are always wearing your Apple Watch.

## Limits may be useful

If you're used to receiving emails constantly throughout the day and you have 'push' enabled, you may want to limit this functionality in the Apple Watch iPhone app. It's all very well receiving numerous email alerts on a phone where it's easy to ignore them when busy, but on the Watch it becomes a case of all or nothing. If you don't manage how the Watch filters your incoming email, you may have to disable certain functions completely and this will greatly limit the advantages that the Watch offers. Spend some time deciding what exactly you need on your wrist and limit the alerts for your own sanity. The fact that you can differentiate between the email alerts on your iPhone and Apple Watch is a huge advantage. It gives you full control over what happens on each device throughout the day.

## Threads and conversations

Despite some limitations, the Email app can show full conversations where the content is readable. You can check on past and present emails by simply lifting your wrist – handy in meetings or when picking up your iPhone may appear rude. It goes to the heart of what the Watch is all about: it is designed to be invisible and to work like a watch most of the time, but to be useful when needed.



You can tap phone numbers within emails to initiate a phone call direct from the Apple Watch

## Browse your inbox



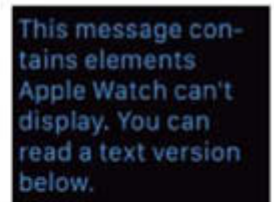
### 1 One tap access

Tap the Mail app icon or an email alert to access your latest emails.



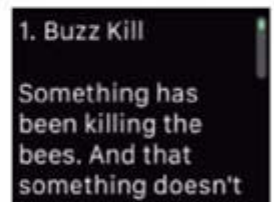
### 2 A handy list

Your inbox is in date order with snippets of information included.



### 3 You can't see it all

Some emails contain elements not readable on the Apple Watch.



### 4 Tap to read

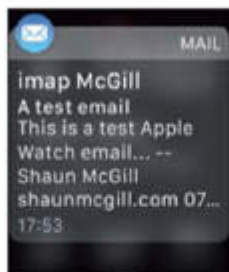
Tap on an email to read it. You can scroll with the Digital Crown.

## Built-in apps



**Fig 3** Emails can be dealt with in a number of ways, including flagging, archiving, and marking as unread

## Mail



### It all makes sense

Throughout the Apple Watch's generous feature-set, you are given the impression that the device is designed to work alongside the iPhone in order to offer more convenient access to messages, fitness data and the like, but with the Mail app things feel slightly different.

When you receive an important email and find yourself scrolling down to read the content, there is a sudden realisation that you are actually reading email on your wrist. It feels entirely futuristic but at the same time completely natural, which is a very clever trick to pull off on Apple's part. It also complements some of the other Apple Watch features very well, meaning that you can read your emails, make and receive calls, and send your heartbeat from your wrist at any time, with just a few taps. That is extremely impressive.

#### A quick read

Being able to quickly read a new email without picking up your iPhone saves a lot of time

#### There are exclusions

Not all emails will display fully because the Apple Watch Mail app is very much text-based

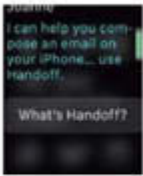
#### Email notifications

Notifications will show some of the contents of a new email. Tap one to read the entire message

#### Managing your inbox

You can flag or archive emails and also mark them as unread. Your inbox can be managed anywhere





You cannot compose emails directly from the Apple Watch, but you can hand them off to the iPhone

## Natural limitations

Email can be a complex beast at times and this is in part why it remains such a successful means of communication. Images, files and cleverly formatted text are all crucial elements of many email messages and at the current time, support for many of these things is slightly limited on the Apple Watch. The good news, however, is that you will still receive alerts for every new email that is sent to you, but keep in mind that you will not be able to read all of the content all of the time.

As time passes and the technology behind smartwatches improves, it is likely that the Apple Watch will one day be able to deal with as many emails as your iPhone can currently manage, which could go even further towards lessening the amount of time you spend with your phone. For now, though, we're content to use the Apple Watch as an effective point of reference on the go.

## Just enough detail



### 1 The original

You'll know how simply the iPhone Mail app presents emails already.



### 2 Another original

The Watch Mail app manages to recreate emails in near perfect detail.

## Set up Watch email



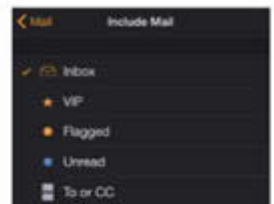
### 1 Simple settings

In the Apple Watch iPhone app, tap Mail to see a range of settings.



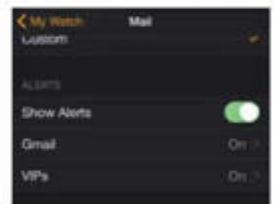
### 2 Previews

You can opt to display one- or two-line previews or none at all.



### 3 What to see?

Tap Custom>Include Mail to set which emails show on the Watch.



### 4 Threads and colours

You can tweak the flag colours and how each thread is organised.





# Calendar

Carry your important calendar events everywhere with you, on your wrist

## You'll use it to...

### See what's happening tomorrow

Check your appointments for the days ahead

### Never miss a moment

Receive alerts for important events

### Benefit from the month view

Check where you are in the current month

### Glance at the latest event

Use Glances to see your next appointment

## Creative views

When you first use the Apple Watch Calendar app, it is not immediately obvious as to how the various views work; however, with some practice, it should all fall into place nicely. The standard list view enables you to scroll through each day and see a basic view of each event, but if you Force Touch you then have the option to see a single day, which will feel familiar because it looks very much like the iPhone Calendar view. Of course, this view is not ideal for such a small screen unless you have a very busy day ahead, at which point it suddenly all falls into place and you will be able to familiarise yourself with what you need to do in seconds. The month view also offers a surprising

number of benefits, such as letting you know how long until a project is due, when you will get paid, and so many other small considerations we all face in everyday life. Apple has deliberately scaled down the abilities and complexities of the Calendar app on the Apple Watch to suit the smaller form factor, but it still offers everything you will need within a minimalist and practical interface.

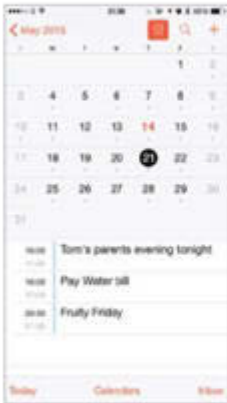


**Fig 1 (above)** A surprising amount of detail is included

**Fig 2 (right)** The calendar view is logical and easy to read







### A mirror image

If you open the Calendar app on your iPhone, you will see that the Apple Watch equivalent is in fact a mirror image of your main phone calendar. It is designed to ensure that you do not miss any appointments when the 'Mirror my iPhone' option is ticked in the Apple Watch app on the iPhone and it works exactly as you would want it to. If you select the Custom option, you then have the ability to deal with invitations,

shared calendar alerts and whether or not to show upcoming events. However, if you are happy with how your iPhone calendar is set up, it may be best to stick to mirroring it on your Apple Watch. Once set up, you can then be assured of never missing an appointment again because alerts will appear on your phone and through your Watch, which is reassuring on so many levels.

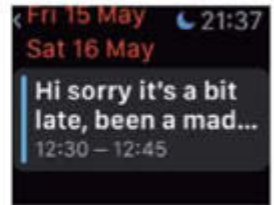
### A one-way street?

The Apple Watch Calendar app is very much designed for you to view information and not to directly input new appointments and events into it, but there is actually a way that you can do this. Press and hold the Digital Crown and Siri will appear, at which point you can say, "Add a new calendar event at..." and then include a time and description. The event will appear in your default calendar immediately and also in your iPhone calendar app, so you really can be productive anywhere provided you are wearing your Apple Watch. Through Glances and directly on the app, you will now have access to everything you need to do over the coming days, and all it takes is a couple of taps to see your immediate future.



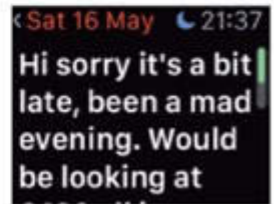
Tap the Today option at the top of the Calendar app to see a grid view of the current month. It's very useful

### Use the calendar



#### 1 View your events

Open the Calendar app and scroll through all of your current events.



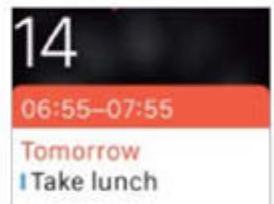
#### 2 See the detail

Tap any event to see all the relevant info you need to act on it.



#### 3 Jump between views

Force Touch anywhere to jump between Day and Today views.



#### 4 Handy alerts

You'll see and feel an alert when an event or appointment is due.



## You'll use it to...

### Monitor your walking

The Activity app will count every step

### Get a complete picture of you

Use with other apps for fitness inspiration

### Count calories in and out

Are you burning more calories than you eat?

### Keep the blood flowing

Receive alerts to make you stand up every hour



**Fig 1 (above)** The amount of data recorded is truly comprehensive

**Fig 2 (right)** You can quickly check your progress with a glance

# Activity

Get inspired to do some exercise with the Apple Watch Activity app

## Apps in combination

Three apps are used to gauge your overall fitness and activity levels, and together they form an extremely powerful combination. The Activity app will count your steps and work out how many calories you have burned, and it will also measure how often you are standing up. The Workout app will measure your heartbeat during exercise and then populate the Activity data with your overall burned calories. Finally, the Health app on the iPhone can bring all of this together to offer a general assessment of how your heart is beating throughout the day, how far you have travelled and by how much you are improving. It is likely that you will use the Activity app the most during the day, but all three are needed to offer truly powerful measurements of what you are up to.

## Every relative number

The Activity app will offer all of the data you need to understand how lethargic you are and how much you need to improve. It will cover the distance you have moved and also the number of steps you have taken, with the calories being





one of the most effective measurements of your fitness. The calorie counts take account of your overall movement and also the types of activities you are doing during the day, which means that you do not have to worry about calculating your success. It could be that 10 minutes of one activity is equivalent to 2 hours of another, so let the app do the work

for you and use the data provided as inspiration to move more the next day, and the next. Eventually you will be able to look back at your historic results and see just how much you have improved, thanks to your Apple Watch and one app.

## Measuring progress

If you want to view your progress over extended periods, we would advise you to look at the Activity app on your iPhone (Fig 1), because it displays all of your data in a visually colourful way which is easy to monitor with just a glance. The Activity app on the Apple Watch is fine for checking progress during the day (Fig 2) and it does look similar to the iPhone equivalent, but for long-term monitoring, use the iPhone app.

## Near perfect accuracy

Don't expect the Apple Watch to provide 100 per cent accuracy when tracking your movements. No smart fitness device is capable of such accuracy and if you wore five different fitness bands at the same time, each would provide different measurements to some degree. The good news is that in tests of the Apple Watch, it has been proven to be very accurate and you will only be missing a few steps each day. The heartbeat sensor has also been tested and so you need not worry about accuracy at all. The idea of the



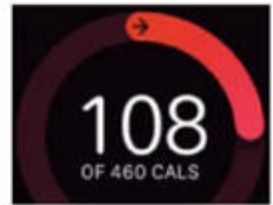
You can change your goal any time by Force Touching within the Activity app. You should aim to make it higher

## Understand the rings



### 1 A colourful display

Are you wondering what each visual indicator really means?



### 2 Calories

The red ring shows calories burnt. This is the main activity tracker.



### 3 Exercising wins

The green ring shows exercise levels, via the Workout app.



### 4 Stand up!

You must stand up at least every hour. Make sure you don't hit zero.

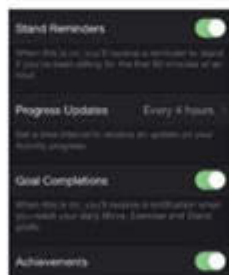
## Built-in apps

### Activity



**Fig 3** After a workout, the Activity app will give you a breakdown of your results, including steps taken and calories burned

Activity app is to help you improve your fitness and health and if the numbers go up each day, you will be on the right track. Just remember to increase your activity by reasonable amounts so as not to strain yourself too much.



### Set your goals

You can set your fitness goals in the Activity app on the iPhone or directly on the Watch. However, we would suggest using the iPhone app because it offers more granularity in what you can set, such as stand reminders, the frequency of progress updates and how you deal with achievements and Glances.

Once happy with your setup, you are free to go about your day and leave the app to monitor and remind you as you reach your targets, and you'll find that the reminders really do have an effect in inspiring

#### Tap to access

You can access the Activity app via the home screen icon or immediately through Glances

#### At a glance

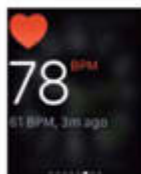
The rings let you see your general activity at a glance and will inspire you to try even harder

#### Simple tasks

The Activity app will remind you to stand up at regular intervals to help keep the blood flowing

#### Detailed information

Graphs and numbers are used throughout to give you all of the activity information you require



The heart rate monitor is useful for tracking your effort levels during normal daily activities

you to do more each day. At the very least, they'll make you think about what you are doing and this subconscious observation is often enough to keep your mind on your general daily activity.

## Standing is important

You may wonder why the 'Stand' feature is given such a prominent place in the Activity app, but it is a key feature. You will receive regular reminders to stand throughout the day and for those of you who have a sedentary job which involves sitting at a desk, this is vitally important. It has been shown that not standing much during the day can lead to all sorts of health problems and also that some small movements will have a dramatic effect on your overall health. If the company you work for does not provide a standing desk, this is the next best thing because there is no better way to keep your blood flowing than by standing up and walking around.

## Gain achievements



### 1 Simple rewards

There is a selection of awards to gain in the Activity app. They will motivate.



### 2 Easy and hard

Some are easily won while others will require much more sustained effort.

## Use with Health



### 1 It's connected

When the Watch is linked to an iPhone, the Health app will use it.



### 2 Quiet tracking

Your heart rate data from the Watch is stored in the Health app.

Heart Rate All Recorded Data		
Spins		
129	15 May 23:00	>
93	15 May 22:31	>
92	15 May 22:21	>
61	15 May 22:11	>
65	15 May 22:01	>

### 3 Every detail

The Apple Watch tracks your heart rate in great detail.

Steps All Recorded Data		
Steps		
8	16 May 09:22	>
94	16 May 09:13	>
33	16 May 09:10	>
47	16 May 09:06	>
82	15 May 23:28	>

### 4 Dual tracking

The Watch and iPhone are used together to track your daily steps.





## You'll use it to...

### Gain some inspiration

The data recorded motivates you continually

### Vary your exercise regime

Use the app to get ideas for future workouts

### Check your heart health

See your heart rate before and after exercise

### Use the detailed statistics

Analyse every single aspect of your workouts

# Workout

Track your workouts in detail and be inspired

## Achieving your goals

The main focus of the Workout app is not just to track your activity, but to inspire you and give you some motivation to improve every day. The fact that you need to manually set your goal before each workout will inevitably push you to increase the number of calories or distance every day, and if you make incremental additions each time you use it, you should be able to improve your fitness and lose weight without harming your health in any way. Like all exercise regimes, please ensure that you start off with goals that are achievable, because if you don't, you can lose motivation quickly or harm yourself in the process.

## Every possible data point

The iPhone Activity app is obviously the best way to see exactly how beneficial your workout has been, but you will also see a summary after you have completed a workout on the Watch. It shows you the type of workout, the exact date and time of the workout, plus the overall duration and weather conditions. The detail is just enough to understand

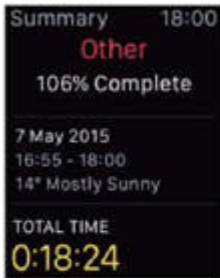


**Fig 1 (above)** Your heart rate is crucial to tracking your success

**Fig 2 (right)** Track your workout progress in real-time as you exercise







what has happened, and it also saves you from having to pick up and open the associated iPhone app if you are in a hurry. Most Apple Watch apps leave the heavy lifting to the iPhone sister software, but it is nice to see some duplication here, because it gives you more options as to how you want to use the apps.

### Accuracy is key

Many tests have been undertaken to ascertain the accuracy of the Apple Watch sensors, and it would appear that they are as accurate as many dedicated fitness bands. Add to this the heart-rate sensor and advanced software, and you will be in possession of a tool that will help you get fit without ever intruding on your daily activities. Recording your steps and movement is very useful, but to get fit quickly, the Workout app will offer the most immediate benefits.

### Follow the green circle

You will notice in the Activity app that your progress is displayed using a circular icon with different colours within and surrounding it. The red circle indicates your movement, the green circle represents exercise and the blue circle shows standing progress. When you work out, you will see the greatest improvement in the green circle, which is arguably the most important area for getting fit. If you take long walks and move around a lot during the day, the green circle will remain low, so try to make it bigger every single day if you can.

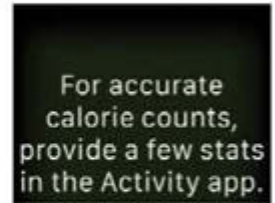
### Manage workout power

Using the Apple Watch during a workout can use a lot more battery power than using it for standard activities. The Watch is having to



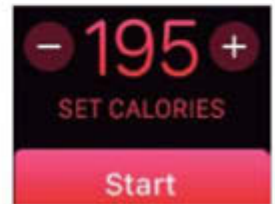
At the end of the workout, check your heart rate to ensure you have made a genuine effort

## Start a workout



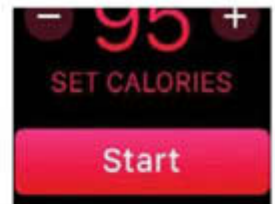
### 1 Choose a workout

Open the Workout app and tap an option.



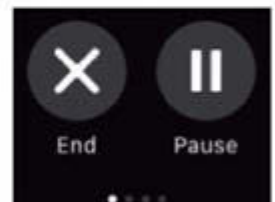
### 2 Set a target

Consider how many calories you want to burn, then tap 'Start'.



### 3 Track your progress

As you work out, lift your wrist to check your progress at any time.



### 4 End and pause

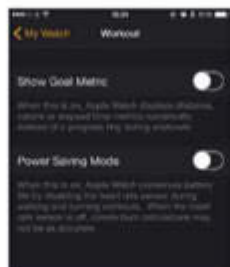
Swipe left for options. You can end/pause at any time.

## Built-in apps

## Workout



**Fig 3** Depending on your workout, the Watch screen may display the number of reps you have left to complete



use the heart rate sensor, as well as track your movements and present all of the relevant data on screen for when you lift your wrist. The tracking is very useful, and works exactly as it was intended to, but you should remember that the Apple Watch battery is understandably small and a very long workout could lessen the remaining power significantly.

Apple has, however, come up with a solution that may help you use your Watch for workouts and still get you through a day without the need to charge it. Go to the Apple Watch app on your iPhone, and scroll down until you see the Workout app listed. Tap it, and you will see two options listed: the first lets you enable the 'Show Goal Metric', which will only display text indicators of your progress and remove the fancy graphical icon. The second will be more beneficial, because it puts the Apple Watch into 'Power Saving

### Success over time

The iPhone Activity app is designed to quickly show your workout progress over long periods of time

### In the detail

The amount of specific detail available to you after a workout or a walk is quite amazing

### Visual indicators

Once you have completed a workout, you can quickly check your success by viewing this icon

### An active day

Aim for long periods of active time throughout the day and not just during workouts



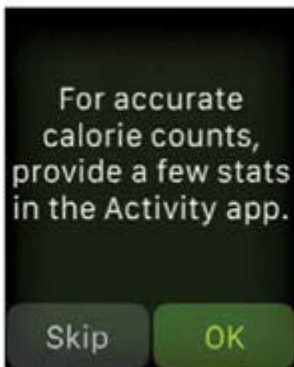
The Workout app is separate to the Activity app, but the health data is shared throughout

Mode' during a workout by disabling the heart-rate sensor. You will need to decide if you really need this sensor during the workout, and if you choose to disable it, you can still check your heart rate before and after the workout manually.

### Use the achievements

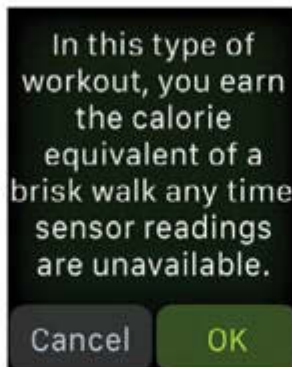
The achievements on offer are fairly basic, but they are easy to understand, and can be used as motivational tools. You will receive them for achieving goals multiple times and for beating a daily goal by multiple factors. It is, as we said, a very simple setup, but the visual nature of the system does make you want to complete the board and view what physical benefits each has given you. Despite all of the advanced complexity working behind the scenes in the Workout and Activity apps, simplicity is obvious throughout the software.

### Calibrate your calories



#### 1 Set your stats

To get the most accurate results, you'll need to enter your details in Activity.



#### 2 Get accurate results

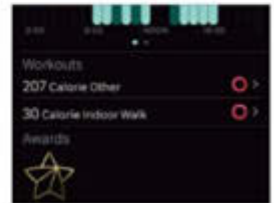
With the right info, Workout can even provide accurate estimates when off.

### Analyse the results



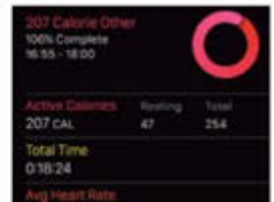
#### 1 An overview

Open the Activity app on your iPhone.



#### 2 The workout section

Scroll down until you see the 'Workouts' section, and tap one.



#### 3 See the detail

You will be able to analyse every aspect of your workout.



#### 4 Enjoy the rewards

Awards are given for undertaking new exercises.



### You'll use it to...

**Keep safe when navigating**

Never take your eyes off the road

**Find locations in an instant**

Use Siri to quickly find a destination

**Get to favourites in minutes**

Store your favourites for quick navigation

**Keep to a specific route**

Keep fit by keeping to a defined route



Fig 1 (above) Directions are given both visually and through audible alerts

Fig 2 (right) The Maps app offers a surprisingly detailed view

## Maps

# Maps

Use your Apple Watch to navigate the streets without having to rely on the screen

### Consider your usage

Like many Apple Watch apps, the intention of Maps is not to replicate or replace the Maps app on the iPhone, but to act as a useful extension that you can use alongside your phone. It offers a more personal way to get directions using audio, which makes it perfect for when running or undertaking specific exercise routes. The simple fact that you no longer need to look at your screen adds a huge amount of convenience and much more flexibility to the task, and it should quickly become second nature in use. Indeed, the experience is so inherently human thanks to the personal nature of the device that standard navigation will feel less personal and harder to manage in the future. We may have just discovered a whole new way to interact with portable computers, and it is a method that works beautifully.

### Mirrored navigation

The Maps app on the Apple Watch does not technically navigate on its own because the hardware does not include GPS. This means that it has to rely on the



iPhone for location services, and as such, it mirrors exactly what is happening on the iPhone during a trip. If you look at your iPhone screen during the journey you will see the turns displayed identically to the Apple Watch, meaning that you can use both devices in concert for the best possible navigation experience. You could, for example, occasionally look at the iPhone screen when driving or if you need more information and then use the audible cues on the Watch at all other times.

This gives you the best of both worlds, which is ultimately safer and far more likely to get you to your destination safely. It is also yet another use for the Apple Watch, making it stand out in a very saturated market.



### Finding new places

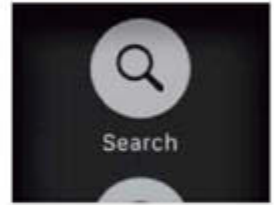
Siri is the main tool on your Apple Watch to find locations and places to visit, but you can also use the Maps app for discovery. If you offer a vague location to Siri while in Maps, it will present back a variety of options to choose from, which you can randomly select depending on how adventurous you are.

Even if you do not want to do this, you can also choose any contact within the Maps app and navigate straight to them. You will need to ensure that their current address is listed in the Contacts app, but with some careful setting up, you will have all of the information you need to start your journeys in style. Also, if you list your favourites in the order that you are most likely to visit, you will be able to start a journey off with just a couple of taps. When you are busy and need to get somewhere in a hurry, the Apple Watch Maps app is the ideal solution. The Maps app is a versatile tool, and you'll soon find it essential in your day-to-day life.



The Apple Watch will chirp three times to turn right and ring to turn left so you can ignore the screen

## Navigate with Maps



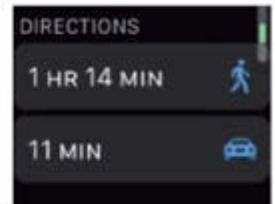
### 1 Tap and hold

Press and hold on the main Maps screen to show location options.



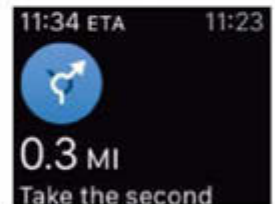
### 2 Speak your destination

The Siri screen will appear. Speak the road and town to proceed.



### 3 Choose a location

Destinations will appear. Choose one and scroll down the screen.



### 4 Every single turn

Once you have chosen driving or walking, each turn will show.





### You'll use it to...

#### Say goodbye to paper tickets

Passbook lets you carry tickets anywhere

#### Benefit from extra security

Passbook passes are more secure than paper tickets

#### Save lots of valuable space

You can carry as many passes as you need to

#### Pay for products instantly

Some Passbook apps let you make payments directly



Fig 1 (above) Simply hold up your Watch to gain access to an event

Fig 2 (right) Passbook on the Apple Watch is very similar to the iPhone app

## Passbook

# Passbook

Keep yourself safe and secure with the powerful Passbook app on the Apple Watch

### Security is key

One aspect of Passbook that is rarely talked about is the inherent security that the system includes. The fact that you do not have to carry around paper tickets or plastic loyalty cards means that you will be much less likely to lose them. Even if you do lose your Watch and your iPhone, the passes will be backed up on iCloud, ready to restore to your new device. The barcodes alone are very secure and in theory you should experience fewer instances where you need to share your data with someone else, which only increases the security that Passbook offers. Our advice would be to use Passbook if the company or service you are dealing with offers it because the benefits are clear.

### Unlimited uses

The Passbook app is for much more than just tickets thanks to the variety of services who have jumped on board. You can use Passbook loyalty cards, pay with vouchers and even buy products using just the app and the secure passes that are included.

Each will be presented with an original design and





even on the small Apple Watch screen, the passes should be very easy to locate and select. All you have to do is open the Passbook app manually from the home screen or hold down the Digital Crown and say 'Passbook'.

You can then check all of the passes that you have loaded on your Watch and they should always be identical to the ones that are stored on your iPhone. With so many potential uses, you should be able to carry much less with you and your wallet could become a lot slimmer instantly. Take some time to see what Passbook is capable of and you may be surprised at the advantages it offers, especially on the Apple Watch.



## Save some time

Digital tickets and cards are a fantastic idea and one that feels ultra-modern, but there would be no point in using them if there were not clear advantages. Besides the security and flexibility of the Passbook feature, you are also likely to save a lot of time when using it.

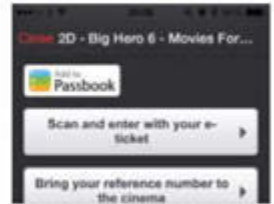
From the moment you make a booking, the pass will be safely stored in the Passbook app and you will be reminded just before an event occurs if that is relevant. Add to this the fact that the pass will be displayed on screen ready to use when you need it and much of the administration you usually have to undertake disappears in an instant.

The dream of a paperless world is one that has been alive for many years and to date it has not fully taken hold, but Passbook is a very good example of a solution that removes lots of hassle and paper from your life, and which makes everything it touches work a little smoother. It is hard to see why anyone would not want to take advantage of such a cleverly created service.



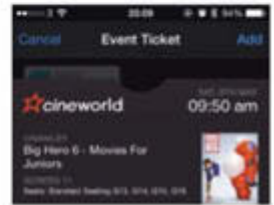
The Passbook pass will be shown on your lock screen if you choose, which is handy when you're on the move

## Use a Passbook pass



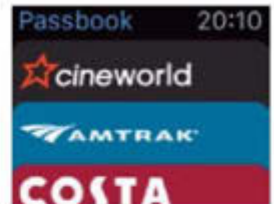
### 1 Buy a ticket

When you buy from a supporting service, you will see an 'Add' icon.



### 2 Add the pass

You'll see a barcode in the screen, but tap 'Add' to start using it.



### 3 It's on the Watch

In the Passbook app, the new pass will be populated instantly.



### 4 It's ready to use

You can now lift your Watch to use the pass at the required time.



## You'll use it to...

### Leave your iPhone at home

Play music on your Watch when exercising

### Carry your favourite music

Your Watch can play your entire library

### A handy music remote control

Control playback directly on your iPhone

### More than just music

You can also pause and play podcasts



Fig 1 (above) The controls are logically laid out and easy to use

Fig 2 (right) Everything you want to play is just a tap away

## Music

# Music

Synchronise your playlists and listen to your library of music straight from your Apple Watch

## One library, two devices

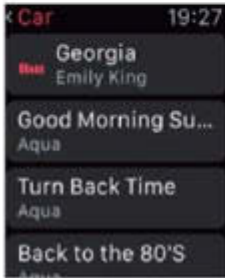
It will make a lot of sense to consider carefully how your want to use your Apple Watch in combination with an iPhone for playing music, but you should find that the iPhone is the best option unless absolutely necessary. The Apple Watch is a brilliant solution to remotely control music playback, but you have to jump through some hoops to enable a music library to be played direct from the device itself. If you think about what you are doing, you will be able to quickly judge which device to use at the right time.

## Visual cues

Apple has obviously spent time considering how the graphical elements of the Apple Watch Music app are made up and we have been left with an interface that somehow manages to convey all that we need to know, but within a small space. Even better, album art is fully visible throughout, which is ideal for when quickly navigating through your music library – and the list of interface benefits continues.



Albums are neatly held together, and a scroll downwards enables you to quickly select any album track to play, with the album art at the top of the screen to add a sense of depth to the experience. We think back to the iPod with its revolutionary click wheel and this feels similar; a software and hardware combination that works perfectly together to let you achieve more than would reasonably appear to be possible.



### One big playlist

The Apple Watch only allocates a certain amount of memory to music, so we would suggest creating one playlist that includes all of your favourite songs. As with all playlists, some consideration should be given to ensuring that you are including your genuine favourites so that you do not need to waste time

continually swapping tracks. The Watch is capable of holding more than enough songs for anyone to enjoy and if you feel that you need more, you are probably trying to include more than just your favourites into this playlist!

### Battery performance

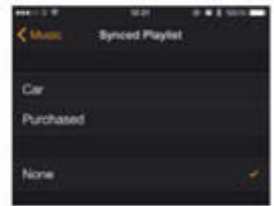
One other aspect to remember when using the Apple Watch to play music natively is that it will use more battery power when doing so. The Apple Watch is more than capable of lasting a whole day, thus only requiring a charge at night, but extended music playback can impact that significantly.

If you want to listen to some music on a 30-minute run or at lunchtime you should be fine, but to do so as a matter of course would be wasteful if you have your iPhone with you anyway. It makes sense to use the bigger battery on the iPhone for longer



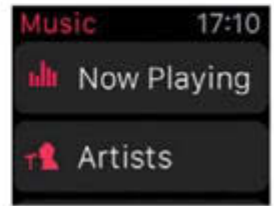
Tap Playlist Limit in the Apple Watch app to set a music track limit from a meagre 100MB all the way up to 2GB

### Sync music playlists



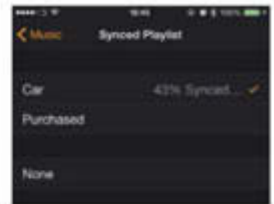
#### 1 The iPhone app

Go to the iPhone Apple Watch app's Music. Tap Synced Playlist.



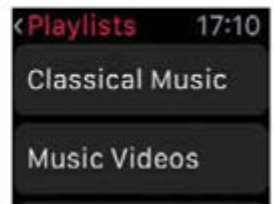
#### 2 Choose a playlist

Select a playlist. Put your Watch on charge to sync the music.



#### 3 Time to step away

It can take a while to sync, so leave it and come back later.



#### 4 The sync is complete

When done, check and the songs will be loaded for you.

## Built-in apps



**Fig 3** Adjusting the playback volume is as simple as twisting the Digital Crown

## Music

periods of music playback because it will still get you through the day without needing an extra charge.

### Easy playback

The main controls within the Music app adjust automatically when a song is playing or not, but you are always presented with the exact amount of information you need. On the main playback screen you will see the traditional pause and rewind buttons, plus a volume slider. If you scroll the digital crown, you'll be able to change the volume and throughout there are always visual indicators to let you know exactly what is happening. The name of the artist and song are displayed on the screen with the elapsed time top-left and the current time top-right.

### Bluetooth sound quality

Despite the fact that wireless headphones have been available for a few years, there is still usually a difference in quality between them

#### Scroll through tracks

Use the digital crown to scroll through tracks to play them back in seconds. It really works

#### In the detail

Despite the small Apple Watch screen, album art has been included for much easier recognition

#### Categorised music

Your music library is separated into Albums, Artists, Songs and Playlists for easy navigation

#### Your entire library

You can play any song that is stored on your iPhone via the Watch with just a tap



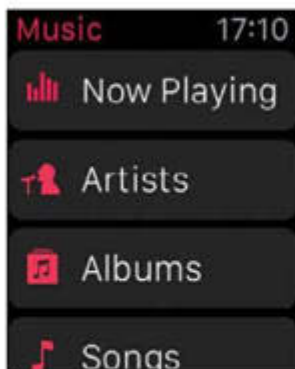
When an album is selected, you can simply scroll down to see every track and play each as required

and wired alternatives. You can buy very cheap headphones and others, from high-end manufacturers for lots of money, but it is possible that you will notice a degradation in sound no matter how much you spend and so we would advise testing a pair before you buy if this is possible.

If you regularly watch films and want to try Bluetooth headphones, you should be aware that lag can occur which is to be avoided when possible. In tests, the price of a pair of Bluetooth headphones does not have a direct effect on lag because it seems that it is caused by the software setup of the accessory itself.

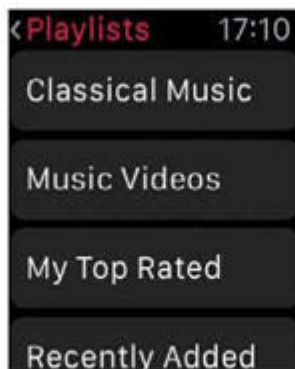
Despite these potential problems, the Apple Watch adds many benefits to a pair of Bluetooth headphones and being able to go for a run with just your Watch and headphones – no wires at all – is a huge bonus. It is possible that the success of the Apple Watch will drive manufacturers to improve Bluetooth audio in the near future.

## Navigate your library



### 1 Pick a category

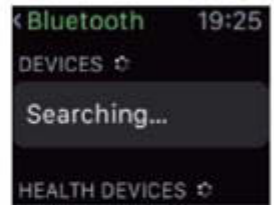
It's scaled down, but you can access your entire library on the Apple Watch.



### 2 Browse the results

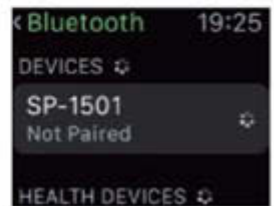
Select a category to see all your artists, albums and playlists listed.

## Connect to Bluetooth



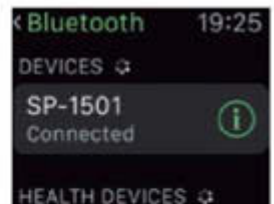
### 1 The settings

In Settings tap Bluetooth. The device must be in pairing mode.



### 2 Time to pair

When your device is discovered, follow the instructions to pair it.



### 3 It's now connected

The Watch will advise you when the device is connected.



### 4 Listen in style

Press on the main music screen and choose Apple Watch to listen.



### You'll use it to...

#### Take group selfies in style

Get together, tap the timer icon and smile

#### Snap a much steadier photo

Secure the iPhone and snap on the Watch

#### Take a sneaky photo

You can take a photograph without anyone knowing it

#### Focus without moving

Set your own focus positions without moving the iPhone



Fig 1 (above) The app even detects landscape and portrait shots

Fig 2 (right) The Apple Watch sees everything your iPhone does

## Camera Remote

# Camera Remote

The Camera Remote for your Apple Watch is a handy tool for tricky photographic situations

### A true extension

The Camera Remote app is merely an extension of the iPhone Camera app, but it is one that is very useful in the right circumstances. Any photos that you take will still be saved on the iPhone, and the actual iPhone hardware is used throughout, with the Apple Watch being able to control it from afar.

At the time of writing, it is only capable of controlling the Camera app when it is taking still photos because videos are not supported, but we honestly cannot think of many occasions where using the Remote app will be beneficial when capturing videos so it makes sense to limit the functionality if only for the sake of preserving battery power. Like so many of the Apple Watch apps, it does not offer direct capabilities, but rather the ability to interact more naturally with your iPhone and to take time out of manual tasks.

### Choose what settings to use

The Camera Remote app is exceptionally handy in a variety of circumstances,





but you should try to avoid the temptation of using it all of the time just because it is available. For most photo opportunities, the iPhone camera will work better because it enables you to look more closely at what you are snapping thanks to the larger screen, but there will be specific moments where the Camera Remote on the Apple Watch can actually help you capture a better quality photo.

For example, if you are trying to capture an object that is close by and need the camera to stay as steady as possible, you can focus on the Watch itself and also tap the capture button without ever moving the phone, which is ideal for obtaining clarity in poor lighting conditions. So, use the Camera Remote for what it was designed for and you will grow to love it, but just remember that the iPhone is still a practical snapper in most circumstances.



### Selfies without the stick

Everyone loves a selfie, and one of the most underrated features of the Camera Remote app is its ability to take this photographic phenomenon to the next level. While usually users are limited by the length of their arms – or potentially their selfie sticks – as to how much of a scene they can capture, the ability to

remotely trigger the camera shutter using your Apple Watch opens up all manner of creative possibilities.

It goes without saying that you should be careful when leaving your phone unattended to line up the perfect shot, as depending on where you are there may be people around willing to scoop it up and scarp. But under most circumstances, the Camera Remote merely offers the opportunity to take brilliant photos that simply wouldn't be possible with an iPhone alone. Take your Watch out for a spin and see what you can come up with!



Despite the lower-resolution screen, the Apple Watch does display the camera screen with perfect clarity

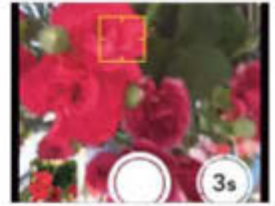
## Built-in apps

### Snap a remote photo



#### 1 Turn it on

Ensure the iPhone camera app is open for the Remote app to work.



#### 2 Focus with a tap

The Camera Remote app lets you tap the Watch screen to focus.



#### 3 Use the timer

Tap the bottom-right icon to start the timer for easier shooting.



#### 4 The end result

The photo will be captured using the high-quality iPhone camera.



### You'll use it to...

#### Navigate around the Apple TV

Use the Menu icon to jump back through the menus

#### Swipe to change position

Swipe on the screen to jump through various menus

#### Leave the remotes alone

You will never need a remote control again



**Fig 1 (above)** Look for the triangle icon in the home screen to use it

**Fig 2 (right)** The Remote app on the Apple Watch is extremely easy to use

## Remote

# Remote

Your Apple Watch is the perfect companion for controlling your Apple TV from a distance

### Finding your TV

Apple has put a lot of work into the software that powers the Apple Watch and in particular with regards to the initial setup experience. If you already have your iPhone paired with an Apple TV, you should hopefully find it available on your Watch in the Remote app as soon as you open it. This means that you can start navigating the Apple TV menus and deal with playback as soon as you first strap the Watch to your wrist.

In fact, it's possible that you will never use any other device to control your Apple TV and you will soon start to wonder why you have to control your normal TV with an old-fashioned remote control! With your Watch at hand, a remote for your Apple TV will be with you whenever you need it.

### Dealing with the controls

The controls on the main Apple Watch Remote app interface are extremely easy to understand. All you will see when you launch it, after you have completed the setup process, are icons for the Apple TV and a shared library. Simply tap the



Apple TV icon to see a blank main screen, which you can use to swipe through menus and a play/pause icon bottom-right. The all-important Menu icon is bottom-left, which lets you jump back to the previous screen and finally there is the top-left icon to take you back to choose whether you want to control the Apple TV or access a library. You will see larger controls on the screen when a show or film is playing and you can also use the digital crown to adjust the volume from your Watch.

With the time always displayed top-right, there really is nothing missing from the Remote interface, but it still remains minimalist and easy to use at all times. You will also notice that the touch points work better than expected on such a small screen thanks to some clever software engineering, which makes the entire process feel as natural as can be.



### The ultimate convenience

When you consider what the Apple Watch is designed to do, controlling a TV is an obvious feature to include. However, it becomes much more than just a theoretical convenience when you use it because you will no longer be searching for the tiny official Apple remote or your iPhone to choose what

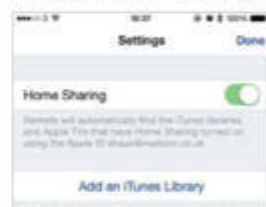
you want to watch. You can simply push and hold the digital crown, say 'Remote' and Siri will launch the app.

At this point you are ready to start controlling your Apple TV without the need to pick up any other device. It feels like a science-fiction idea from the future, but it is here today and it works splendidly. The potential for this kind of feature is unknown at this time, but we can look forward to doing much more with future Apple TVs and controlling them all from our wrists.



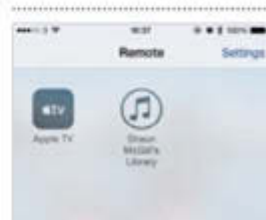
The Remote app is not listed in the Watch app on an iPhone because extra settings are not needed

## Set up your Remote



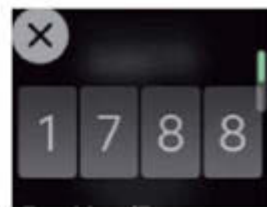
### 1 iPhone set up

Open the Remote app on your iPhone and enable Home Sharing.



### 2 The Apple TV icon

You should see the Apple TV icon appear, meaning it's connected.



### 3 Access a library

Tap Add Device and enter the Pin on your computer.



### 4 Set up is complete

You will see the Apple TV icon on your Watch. Tap it to take control.



## You'll use it to...

### What should you do next?

Check to see if it's likely to rain soon

### Plan ahead with Weather

Use the forecast to make future plans

### Help to plan a dream holiday

View the weather in many worldwide cities



**Fig 1 (above)** Catch up on the weather with a quick glance.

**Fig 2 (right)** The Weather app packs a lot of information in

## Weather

# Weather

Look no further than your wrist to discover the weather forecast for the week ahead thanks to your intelligent Apple Watch

## Tap to change

When viewing the current conditions for a city, you will see the temperature in the centre of the screen surrounded by the expected weather conditions for each hour of the day. This is very useful and it is extremely easy to view different aspects of the days weather with just a tap.

When you tap on the screen, it will change to show the expected temperatures for each hour and a further tap will display the percentage chance of precipitation for each hour. Every time you go back to the app, you will see one of these familiar screens displayed so you will always know what to do to access the information you require. When you think about what is happening here, a lot of information is available by simply opening the app and tapping twice, which should give you all of the detail you need to plan the day ahead.

## See far ahead

On an Apple Watch, the Weather app is most useful for checking the current conditions or for seeing what the weather is likely to do in the



next few hours, but it also caters for greater detail over extended periods of time. When you open the app you will be presented with your default city and all you need to do is swipe upwards to see the ten-day forecast. Each day will be listed with an icon indicating the predominant weather alongside the highest and lowest expected temperatures.

This can be very useful for planning events, but please remember that the further away the forecast is, the more likely that changes will occur in the meantime. Apple has cleverly given you all of the information you need on the Apple Watch Weather app, but managed to maintain a simplistic interface, which is always easy to understand with just a quick glance.



### At a glance

If you have a requirement to check the weather regularly, the Glances option will come in very handy. You can open the Apple Watch app on your iPhone and then select Glances. You will see a list of enabled glances with Delete icons to the left and arrangement icons to the right. We would suggest to move

the Weather app close to the top so that you can check the current conditions as efficiently as possible.

When you then swipe up from the bottom of the screen it will be displayed and you can tap once to be taken to the full app. It represents a very clever compromise between gaining information quickly and accessing all of the detail that you need with one further tap. It would appear that a lot of thought has gone into minimising the interface and only presenting the data that you really do need, which is of course a hallmark of Apple, and in the case of the Weather app it works very well indeed.



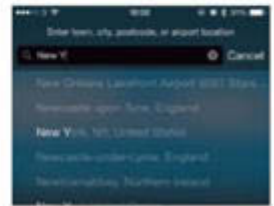
In the Apple Watch app's Weather settings you can choose which default city displays in Glances

### Edit your city list



#### 1 Delete a city

Open the Weather app on your iPhone and slide to remove cities.



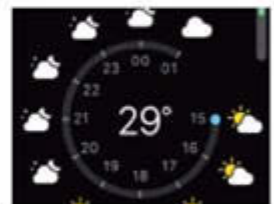
#### 2 Add a new city

Tap the '+' icon and type a name to add a new city to your list.



#### 3 The city is added

You will be able to see the city in your list and check the conditions.



#### 4 On the watch

The city will now be visible on your Apple Watch straight away.



# Stocks

Keep track of all of your investments when you're on the move with your Apple Watch

## You'll use it to...

### See real-time changes in an instant

You can keep a close eye on market changes

### Check the daily highs and lows

Tap a stock to see the daily tracking range

### Understand historic trends

See historic trends from one day to six months

### Add new investments instantly

Add new investments to your wrist in seconds

### Beat the market when mobile

Beat the market by simply lifting your wrist

### Compare stocks to see trends

Understand markets by checking multiple stocks



Fig 1 (above) Historic trends are available with one tap

## Make it your own

There are no real limits to how many companies you can track in the Apple Watch Stocks app and some careful planning will make it work exactly as you want it to. It is very easy to simply accept what is included when you first open it, but to do this would be to lose much of the potential it offers. The app itself is quite basic in what it is intended to deliver, but for the majority of people it offers just the right amount of information in an easy-to-read format, which will prove to be efficient every time the app is launched. Moving stocks around the listing is easy and so is sorting them dependant upon current conditions, so take some time exploring how the app looks on your Apple Watch and then do the same in the iPhone app, where you can make changes instantly. Every change you make will immediately be mirrored on the Watch and you can then dispense with your phone and still keep track of the markets.



## Everything at a glance

Throughout the Stocks app, you will be able to see everything you need to

Fig 2 (right) Multiple stocks can be viewed in one screen



at a quick glance, which makes sense – after all, this is what the Apple Watch is designed to allow! When you tap on an individual stock you will be shown a simple text-based screen that details the current price, the movement for the day and also the high and low for the past 24 hours.

As you scroll down, you are presented with graphing options that range from one day to six months followed by a longer list, which includes the yearly high, market cap and volume. All of this information can be utilised to decide if it is time to buy or sell, and in the stock market world, a few seconds can make a huge difference. The simplistic interface is not only ideal for the size of the Apple Watch screen, but also for making snap judgements. It is perfectly possible that you will be able to get back the cost of the Watch thanks to this app alone.



## Making changes

All of the changes to the Apple Watch Stocks app are done within the associated iPhone app because the Watch app is purely for information only. As it is a default iOS app, any changes made will appear instantly on the watch and it still runs very fast with no slow downs at all.

We will take you through the process of adding and removing stocks from your list, but you can also deal with how the stocks are ordered on your watch within the iPhone app and see much greater detail such as the latest financial news, plus up to two years of market history.

Used together, they cover all of the bases from making sure you have all of the detail you require in real-time to quickly glancing at your Watch to see any major changes instantly.



You can choose the default view for Stocks in the Apple Watch app on an iPhone – simply tap Stocks to explore

## Built-in apps

### Edit your stock list



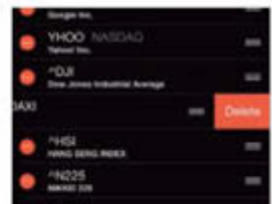
#### 1 The iPhone app

Open the Stocks app on your iPhone to see company indexes.



#### 2 Time to edit

Tap the bottom-right icon. The screen will go into editing mode.



#### 3 Delete a stock

Tap a red icon to delete. Changes will appear on the Watch instantly.



#### 4 Add a stock

Tap the '+' icon and search for a company to add it to your list.



## You'll use it to...

### Keep your family close to you

Always carry your absolute favourite photos

### Share images when mobile

You can show off your images at any time

### Work-related screenshots

Display screenshots when in meetings

### Change your library any time

You can change the images every single day



**Fig 1 (above)** As with other apps, the Photos icon will be familiar

**Fig 2 (right)** You can view a lot of detail on the Apple Watch screen

## Photos

# Photos

Keep your special photos close to hand with the essential Photos app on your Apple Watch

## Emotional and practical

The Photos app on an Apple Watch is effectively a mirror of what you can see on your iPhone, but it has some disadvantages that will be clear from the start. The screen is obviously much smaller, and as such, you will not be able to see quite as much detail. It is limited in how many photos it can carry, but there is one advantage that stands out above all others.

When you are out and about, and even if you do not have your iPhone with you, the ability to quickly view your favourite photos is beneficial in so many ways. It reminds us of the favourite photo in your wallet, but with the ability to carry many hundreds of them and to keep them private if you so wish to.

## Near-perfect usability

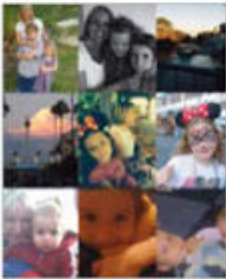
It can be quite daunting when you first open the Photos app on your Apple Watch and see a huge number of tiny thumbnails that can be hard to identify, but you need not worry at all.

All you have to do is scroll the Digital Crown and it will zoom



in to the photos so that you can see them in greater detail. You can then tap any image to view it full screen and swipe left and right to jump through the images. The Digital Crown is used purely for zooming and the screen for navigation so once you have worked that out, you should be able to view all of your favourite photos whenever you want to.

It may seem crazy to even attempt to include a photos app on a Watch, but the blend of the interface and ease of use makes it much more usable than you may expect. We suspect that this could be an app that you will use and enjoy every day.



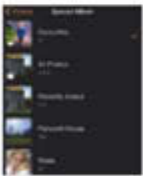
### There are limits

When you open the Apple Watch app on your iPhone and then navigate to Photos, you will see that you can adjust how many photos can be stored directly on the Watch.

These photos are physically held on the Watch and so you do not need to have the iPhone near to open them,

which is why some limits have been imposed. You can select from 5MB (25 photos) to 75MB (500 photos), which should be more than enough for most people. This means that you will need to consider which album you want to synchronise with your Watch, but you can do that easily by selecting Synced Album and then checking the number of photos displayed in each.

Fortunately, Apple has provided just enough detail in every part of the Photos app for you to make informed decisions and in our view, it makes sense to limit yourself to 100 photos because there will be little value in adding more. For most of us that should be a reasonable limit for the images we really want to keep close all of the time.



In the Apple Watch app you can select Photos and choose a different folder to sync with your Apple Watch

## Add favourite photos



### 1 Select a photo

On an iPhone, open a photo and go to the icons at the bottom.



### 2 Tap the heart

Tap the heart icon and it will be saved as a favourite photo.



### 3 Favourites everywhere

Any photo on your favourites list will be shown on your Watch.



### 4 Time to view

Use the digital crown to zoom in to view any photo in full detail.



## You'll use it to...

### Get to work on time each day

Set alarms to repeat on specific work days

### Set a quick labelled reminder

You can add a label to cover a future event

### Create a silent alarm alert

The Watch will tap your wrist to alert you



**Fig 1 (above)** Use the digital crown to set exact times

**Fig 2 (right)** You can set multiple alarms in a matter of seconds

## Alarms

# Alarms

The Alarms app on your Apple Watch enables you to quickly set a wake up time

## Tap once

The main screen in the Alarms app simply lists all of your current alarms and will let you edit or cancel an alarm at any time. Our advice would be to delete the ones that you are not likely to use again, and to keep only those that are used for regular events such as waking up for work. You can make the app as complex or as simple as you require, but you will soon find a method that works best for your lifestyle.

## Detailed alarms

You can, of course, simply create a new alarm and leave it for the desired time, but there are many other options available to you. When you tap any created alarm, you can tap the second panel to choose on which days it will repeat – for example work days – and then add a label in the third panel. This is particularly useful for creating alarms to remind you of simple things during the day. With some careful usage, the app can actually be used to help keep you organised all of the time.

You can also choose whether the Snooze option is available for each alarm, which will depend on how important it is for you to react to it in good time. The Alarms app sits in the background all of the time until you need it, but it is very important and extremely useful.



# Stopwatch

Use the Stopwatch app right from your Apple Watch in order to time a series of events

## Time anything immediately

The main focus of the Stopwatch app is obviously to let you time an event with great accuracy the moment it starts. Whether you need to monitor the progress of cars, people or anything else, you can open the app in seconds and then tap one icon to begin the timing process. You will see the progress on the analogue clock and throughout every part of the process, the screen remains obvious from the clear markings to the coloured hands.

Even better, you can then tap the white icon to start timing a lap and when you tap it again, it will immediately jump back to zero and start timing the next lap. This app is a near-perfect example of complexity made simple within the smallest of available screens because it truly is a joy to use.

## Analyse your timings

While you are timing each lap, the software will work in the background to capture everything that is happening.

You can also force tap the main screen to be taken to a menu where you can choose the 'Hybrid' view. Once selected, it will show you in real-time the main timing at the top and the laps on a clever graph. You will see each lap detailed and you can then use the same process to jump to the 'Graph' view for more detailed analysis. It's a highly accurate way to measure time.



## You'll use it to...

### Accurately time a single event

Tap the green icon to start timing instantly

### Time multiple laps with ease

Tap the white icon to time a lap at any time

### Quickly analyse the results

View a graph detailing each individual lap

### Dealing with new timed events

Simply tap the 'Reset' option to start over



Fig 1 (above) There are a variety of useful views included

Fig 2 (left) The Stopwatch app mimics the real thing very well



## You'll use it to...

### Create a perfect meal any time

Make sure your food is cooked to perfection

### Time your daily exercises

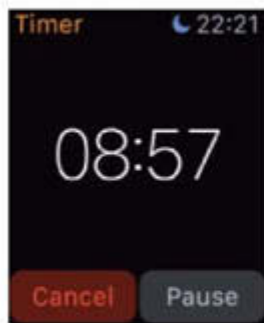
You can time workouts to stay super fit

### Do something else while timing

Set a timer and do something else until it taps

### Focus on what needs doing

Spend exact time periods revising or working away



**Fig 1 (above)** You can pause a current timer at any moment

**Fig 2 (right)** Use the Digital Crown to set the timer duration

## Timer

# Timer

Time anything in an instant right from your wrist

## In the background

The Timer app is not designed to be used for long periods of time, but rather to let you perform a task while getting on with other things you need to do. You can open Timer by simply saying 'Hey Siri' followed by 'Timer', then choose the duration, start it and exit from the app. At this point it will run in the background and you can continue with something else.

The fact that the interface offers visual and textual indicators means that you will immediately understand what it does and how to use it, and no doubt it'll be an app you use often in the future.

## Use the crown

The Timer interface is obvious in the way it looks, but it is also one of the standard apps that relies heavily on the Digital Crown. As you move the crown backwards and forwards, you can set the timer duration, which can be a little fiddly, and once you are finished you can then tap the Start icon to set it running.

To move between the hour and minute durations, simply tap each and then your movement of the Digital Crown will adjust each accordingly. If you need to stop it at any moment, just tap the Pause icon and then Resume to continue it.

If you need to, at any point you can tap the Reset indicator to take the timer back to zero ready for you to set a new one at any time.





# World Clock

You needn't rely on your own maths skills to find out the time in other countries – simply head to the World Clock app on your Apple Watch

## Make your own list

The World Clock app is very much a reactive experience, which is designed for you to view and gain information from. You cannot actually tweak the list of cities or do anything else on the Apple Watch, but you can change things on your connected iPhone. Simply open the Clock app, tap the World Clock icon at the bottom and then use the '+' and 'Edit' icons at the top of the screen to add and remove cities. These will immediately be displayed within the World Clock app on your Apple Watch.

## Understand the data

A quick glance at the main screens in World Clock will highlight just how much information has been packed in to a small space. For example, when you look at the city list, you will see the name of the city, the current time, and indicator that shows whether it is today, yesterday or tomorrow and the time difference against your home city. On top of this, you can see where it is on the globe within the listing and also see if it is daytime or night-time. The amount of data included is amazing, but it is still somehow easy to read and never looks cluttered. We genuinely cannot think of a more efficient way to display so much data in such a small space.



## You'll use it to...

### Check sunrise and sunset times

Tap your home city to check the suns movement

### View useful time differences

Tap a listed city to see the time difference

### Check a variety of locations

Add new cities to your iPhone to track them

### Check the visual indicators

See the location of each city on the map



Fig 1 (above) The information you need is included for each city

Fig 2 (left) The level of visual detail is astonishing in World Clock app



## You'll use it to...

### Open apps instantly

Say the name of an app to open it

### Ask for directions

Get directions by saying "Take me to..."

### Ask any question

Ask any question you need an answer to

### Translate your words

Quickly send text messages with your voice

### Start app-related tasks

Set timers, alarms and reminders

## Siri

Siri is possibly the most important Watch feature

### Stay natural

If we had to offer any advice regarding using Siri on an Apple Watch, and also on an iPhone, it would be to not try too hard to make it understand you. You can speak at a natural pace and you don't have to hide your accent because it is capable of understanding you almost all of the time, no matter how you speak. There is also no reason to move the Watch right next to your mouth to speak to it because the microphone is powerful enough to hear you, even when the Watch is a few feet away. The microphone and software work very well on the Apple Watch to offer a natural and easy-to-use experience every single time.

### Unbelievably accurate recognition

When Siri was first added to the iPhone, it would be fair to say that there were some problems in regards to recognition and the way it handled basic questions, but that has changed a lot over time. Gradual improvements have meant that for almost all questions you will receive the answers you need and even better, the voice recognition has become



Fig 1 (above) Jumping between apps is made lightning quick thanks to Siri, with no dragging or tapping necessary



Fig 2 (right) You may have to wait for a couple of seconds for Siri to come up with an answer, but the process is very speedy

almost 100 per cent accurate. All of this is great, but on the Apple Watch, Siri's voice recognition has reached new levels and users are reporting that it works even better on the Watch than it does on an iPhone, which is great news for Watch owners.

In our tests we tend to agree with this assessment because the recognition is frighteningly consistent and accurate, and only in very noisy conditions did we experience any problems. If you stick with Siri, you should benefit even more as it learns your voice. We can confidently say that it may become your dominant form of text entry on both your iPhone and Apple Watch.



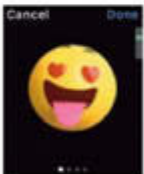
### How to invoke Siri

There are many different ways to invoke Siri on your Apple Watch and each one will be preferable depending on what you are doing. You can hold down the Digital Crown at any point to immediately make the Siri screen appear and all you then need to do is start talking. Even better, lift your wrist

and when the Watch face appears, say "Hey Siri..." followed by a question or instruction. Finally, tapping the microphone in the Messaging app will start the Siri dictation feature for you to send a personal message to a friend. When you need Siri, there is always a convenient way to access it.

### Siri is necessary

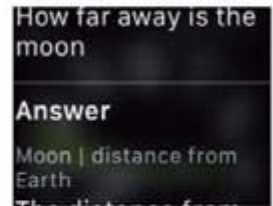
If you try not to use Siri for a day, you will soon realise just how useful it is and by extension how compromised the Apple Watch is without it. In theory you can get by without accessing it, but Siri gives you access to information that is not otherwise available because there is no browser on the Watch.



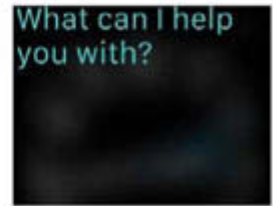
Siri is almost always faster than any other feature, but using a range of emojis can save you even more time

## Built-in apps

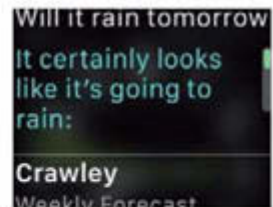
### Ask Siri a question



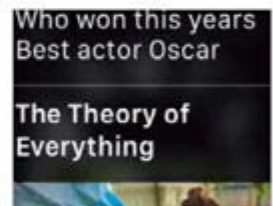
**1 Whatever you need to know**  
Hold down the Digital Crown, ask a question and Siri will answer.



**2 Avoid using apps**  
Questions will save you from having to open many apps.



**3 When in a hurry**  
Checking details takes seconds using the Siri option on a Watch.



**4 Exceptional detail**  
Some answers include images to add depth to the experience.

## Built-in apps



**Fig 3** Siri won't actually talk back to you as it does on the iPhone, so you'll have to keep an eye on the screen for your answers

## Siri

It also lets you input text into a new message and speeds up the opening of apps. Siri is not just there for convenience; it actually fills some of the holes that would otherwise make the Apple Watch an inconvenient product to use every day.

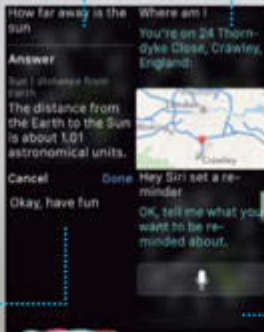
### Make contact with Siri

Siri does not just answer questions and open apps on an Apple Watch. It can actually perform many tasks that would otherwise require the opening of apps and then many taps to navigate to the exact function you need.

The trick is to believe that Siri can do anything and to then ask it to undertake tasks for you. If you say "Call..." followed by a name, the Phone app will immediately open and make the call for you. The same is true if you say "Send a message to..." at which point you will be presented with the screen to either dictate a message or use emojis you get your point across. The Apple Watch gives us a glimpse of the future and one in which voice takes over from tapping screens as the predominant way to interact with a portable

### Say anything

You really can ask Siri anything and expect to receive a relevant answer. It works very well now



### Personal messages

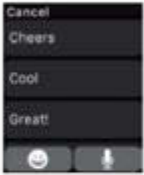
Siri is the only way on the Apple Watch to send personal text in messages. It is very accurate though

### Useful media

Maps and images are often used in order to help offer more insightful answers to your questions

### "Hey Siri"

Say "Hey Siri" when the Watch is being worn and it will immediately be waiting for you to speak to it



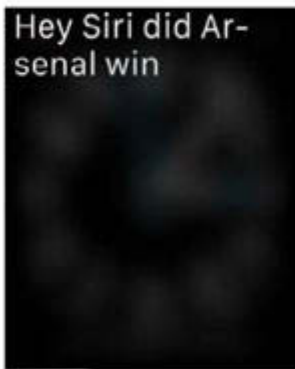
In Messages, tap the microphone to dictate a message using the advanced Siri voice recognition

computer. Apple has made great strides in voice recognition and the Apple Watch is the perfect platform to make it feel more personal than ever.

### Siri is silent

One aspect of Siri that has greatly contributed to its success has been the personal interaction that it offers, but on the Apple Watch it is completely silent. When you ask a question or instruct it to do something, you will never hear a reply, but on a Watch that makes perfect sense. In public, you are likely to want to make any interaction with your Watch as quick and silent as possible and so you will not want it to speak back to you. Battery considerations are likely a part of this decision too, but no matter what the reason, to us it does make sense that Siri, and by extension the Watch for most purposes, remains silent.

### Get timely answers



#### 1 Ask a current question

Even if an event has just happened, you can still ask Siri about it.



#### 2 Receive your answer

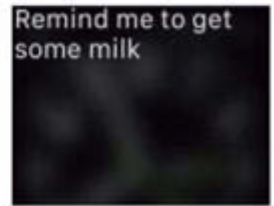
Siri is smart enough to bring you the latest, most relevant results.

### Who needs apps?



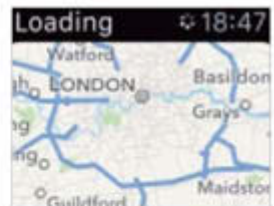
#### 1 Bypass apps

Say "Set a timer" and the screen will show without pressing icons.



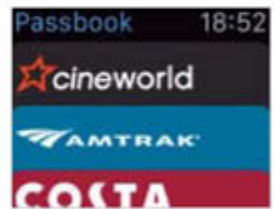
#### 2 Reminders are included

You can create Reminders even if the app isn't on the Watch.



#### 3 Go anywhere

Siri interacts with the Maps app on your iPhone and Apple Watch.



#### 4 Open any app

Say the name of an app and it will open in an instant on the Watch.



### You'll use it to...

#### Send a quick sketch

Draw a personal image and send it to a friend

#### Share your heartbeat

A gesture lets you share your heartbeat

#### Are you there?

Tap on the screen to alert a contact

#### Received with feeling

Feel the incoming messages



Fig 1 (above) A sketch or a heartbeat could be hiding behind the red circle

Fig 2 (right) Say it all with a simple sketch

## Digital Touch

# Digital Touch

Messages just became personal on the Apple Watch

### A brave new world

The ability to send your heartbeat to someone is revolutionary in many ways, and not just because of the clever technology involved. It has the potential to completely change the way we deal with others remotely, because it can say so much more than simple text alone. It may also allow us to express ourselves in more intimate ways with friends and lose the inhibitions that are present in traditional communication methods like emails and text messaging.

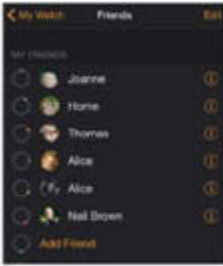
What seems like a novelty today could in fact herald the start of a whole new way of communicating with friends and loved ones, and this is just the start.

### Dealing with contacts

Selecting and managing contacts to use Digital Touch actions with can be slightly bewildering at first, because the process works very differently to how you manage contacts on an iPhone. For example, if you add a new contact to your favourites on the iPhone, they may only be allowed to be set as FaceTime contacts if no phone







number is included in the contact listing. This is not a bug, but a curiosity in how iOS works, and so you may be wondering how to add all of your closest friends for quick digital touching.

The most efficient way is to head to the Apple Watch app on your iPhone and select 'Friends' from the list. This will show the favourites on your iPhone,

and consequently the ones who are shown in your Friends list on the Watch. However, if you amend this list in the app, no changes will be made to your favourites on the iPhone, which is actually an advantage. You can add any contact you like, and if they also have an Apple Watch associated with their account, you will see the third icon, which allows you to send sketches to them.

### Knock knock

You may be wondering what the real benefits of the tap feature are. Think of a tap as a way of getting someone's attention without other people knowing. For example, you can quietly send someone a tap during a meeting, and no one else will be aware except the person you are sending it to. It's similar to a knowing nod or an icy stare, or whatever you want it to be. Ultimately, it is all about getting someone's attention and awaiting a response that is subtle, private and very clever at the same time.

### Know your limits

The Apple Watch is relatively small, so don't expect to send complicated drawings or lots of text through digital touch. There is simply no way around this limitation given the size of the screen, so you will need to limit your ambitions to ensure the message gets over clearly. A simple heart or a couple of words will usually suffice.



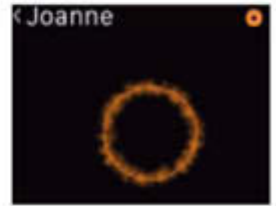
Digital Touch works in a much more efficient manner for extra quick sending from the Friends wheel

## Send and receive taps



### 1 Choose a contact

Select a contact in the Friends wheel and look for the hand icon.



### 2 Time to tap

When you tap on the screen, you will see coloured circles.



### 3 Receiving taps

You will see a red dot showing a new alert. Scroll from the top.



### 4 A visual feast

The taps will be displayed. You will feel them at the same time.

## Built-in apps



**Fig 3** Taps will show up as solid rings initially, then fade out and disintegrate after a couple of seconds

## Digital Touch

If you do need to send a longer message, the text message facility is there for you to use alongside Siri. Sketching is an extra feature that has a place, but be careful to only use it when the message you want to send will be understood with a picture.



### Multiple messages

It is likely that when someone sends you a message via Digital Touch, more than one could arrive at the same time. Whether this is because they were not happy with the sketch they drew or simply because they are having fun taking advantages of the various features, it can initially be confusing. You will see a notification advising that the contact has sent multiple messages, and if you tap the alert they will start to play. You can then scroll through the messages by tapping the top-right icon. This means that what was initially confusing actually

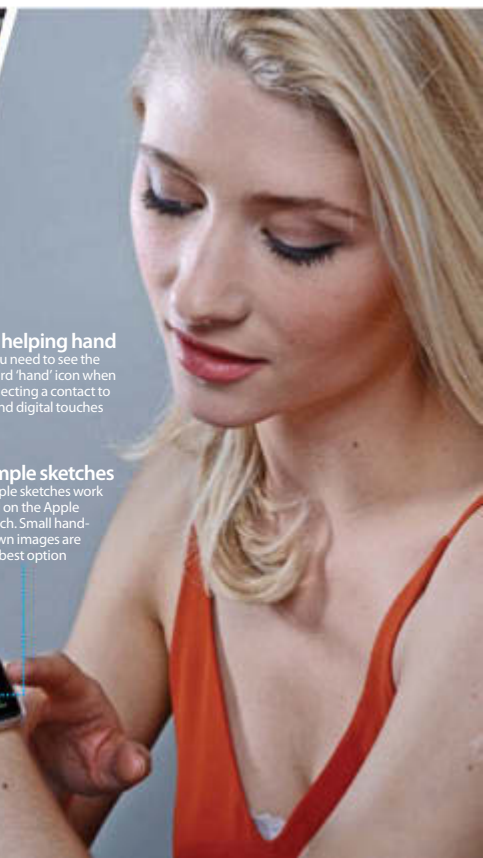


### A perfect message

Nothing expresses your love better than sending your actual heartbeat to a friend or relative

### Tap tap tap

Tap on your screen, and the recipient will feel the exact same pattern on their wrist



### A helping hand

You need to see the third 'hand' icon when selecting a contact to send digital touches

### Simple sketches

Simple sketches work well on the Apple Watch. Small hand-drawn images are the best option



Tap the top-right circle to bring up the colour palette and to select one for your taps and sketches

becomes a very efficient method of dealing with multiple messages in quick succession.

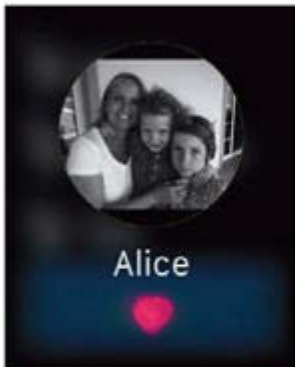
The real beauty of Digital Touch is that messages are 'of the moment', and take no time at all to view and understand. The more you send, the more you receive and you will likely find that you are receiving fewer text messages as a result.

### Watch only

At this time, the digital touch features are confined to just Apple Watches, and will not work with iPhones. This is understandable given the screen technology used on the phones, but the animated emojis will still be displayed in all their glory when sent to an iPhone.

Potentially, we could be able to force-touch via iPhone and send sketches the way we can now on the Watch. This will likely open up many new avenues for communicating in a more personal way.

### From the heart



#### 1 Two fingers

Rest two fingers on the screen to send a heartbeat.



#### 2 See and feel

The incoming heartbeats pulse to show the heartbeat of the sender.

### Send a quick sketch



#### 1 A blank screen

When you tap the hand icon, you will see a blank screen.



#### 2 Digital drawing

Draw something simple. It will send automatically.



#### 3 Don't overdo it

If you try to add too much to the sketch, it will be hard to read.



#### 4 Receiving sketches

Sketches will be drawn exactly as they were by the sender.

# Third-party applications

Discover some of the best additional Apple Watch apps available from the App Store

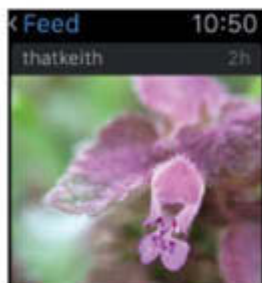


Fig 1, Instagram Browse your feed



Fig 2, Twitter Glance the latest trends

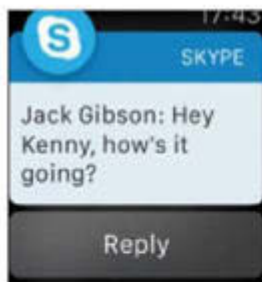


Fig 3, Skype Don't miss out on messages

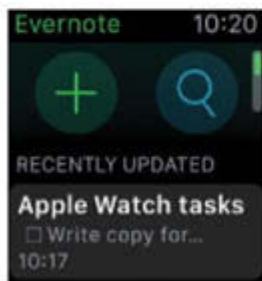


Fig 4, Evernote Take notes on the go



**Instagram** As one of the fastest growing social networks on the planet, Instagram made sure to have an Apple Watch app ready at launch. Now you can check your Feed and Activity instantly. See page 102.



**BBC News** Providing convenient notifications when there's a breaking news story, the BBC News app ensures that you can stay informed of current events at all hours of the day.



**Twitter** This app feels right at home on the Apple Watch, and allows you to view recent tweets, as well as check out the hottest trending topics in your network right now. See page 104.



**Amazon** If you thought that shopping on Amazon couldn't get any easier, then think again. The Amazon Apple Watch app uses voice dictation to search and buy products, or add them to your Wish List.



**Skype** Now you can keep up with your Skype notifications all the time, thanks to the service's Apple Watch app. While you can't make calls yet, it helps you keep on top your messages. See page 106.



**ESPN** American sports fans take note: the ESPN app for Apple Watch is the quickest way to keep track of how your favourite NFL, NBA and MLB teams are getting on.



**Slack** The work messaging service has its very own Apple Watch app, allowing you to keep up with conversations across various projects thanks to subtle notifications. See page 108.



**Nike+ Running** For running fanatics, the Nike+ app has long been a must-have, and its Apple Watch sibling adds a wealth of new data to your records, keeping you more motivated than ever before.



**Evernote** The wildly popular note-taking app is now on Apple Watch, allowing you to dictate notes, check off tasks and search for keywords with just a few taps and your voice. See page 110.



**Uber** Calling an Uber taxi is already a slick and simple process, and the Uber app for Apple Watch makes it even more so. Users can now get driver details and arrival times sent straight to their Watch.

## Third-party applications



**Wunderlist** Comprehensive and brilliantly designed, the Wunderlist app for Apple Watch is a fantastic tool for people looking to get things done, or simply for noting down your shopping list. See page 112.



**Shazam** If anything, Shazam seems more at home on the Apple Watch than anywhere else. The music recognition service is ideally suited to quick bursts of use, and having it on your wrist helps significantly.



**Just A Score** A new app that lets you score anything – yes, anything – Just A Score is a fun and addictive social network that's right at home on the Apple Watch. Follow your friends and start scoring! See page 114.



**Rules!** One of the few games that really translates well on the Apple Watch, Rules! provides short, sharp daily workouts for your brain, with a bright and intuitive interface that makes the most of the small screen.



**Peak** Designed to help improve memory, focus, problem solving ability and much more besides, Peak provides a variety of miniature games and tasks that feel right at home on the Apple Watch. See page 116.



**Strava** The go-to fitness app for cyclists, Strava has now added Apple Watch support to its service. Providing real-time statistics on everything from elevation to average speed, it's a must for cycling enthusiasts.



**Onefootball** When it comes to checking your favourite team's result, or getting live score updates straight to your wrist, Onefootball provides the Apple Watch's best solution. See page 118.



**Babbel** Learning a language probably isn't something you associate with the Apple Watch, but that's exactly what the Babbel app brings to the device. It works surprisingly well, too.



**Citymapper** If you're living in a city that supports it then Citymapper is an essential addition to your Apple Watch arsenal, getting you from A to B via public transport with minimal fuss. See page 120.



**The Guardian** The award-winning newspaper made its Apple Watch app available on day one, and it does a great job of condensing stories on to the small screen. You can save articles to read later as well.



**Flipboard** The personal magazine service is a brilliant addition to the Apple Watch, allowing you to browse a feed of your favourite publications and share articles with just a tap. See page 122.



**TripAdvisor** Having access to over 150 million reviews on your wrist sounds too good to be true, but it's exactly what TripAdvisor provides, for everything from hotels, to restaurants, to local attractions.



**National Rail Enquiries** A sleek but incredibly useful bit of software, the National Rail app for Apple Watch is an essential tool for anyone who frequently travels by train. See page 124.

## The next step

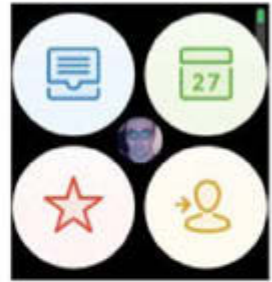


Fig 5, Wunderlist Keep on top of tasks



Fig 6, Just A Score Score whatever you like

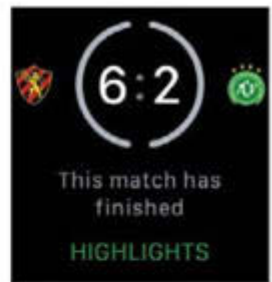


Fig 7, Onefootball Get the latest scores



Fig 8, Citymapper Navigate in style



# Download apps

There are thousands of apps available, so go ahead and personalise your Watch

The Apple Watch is new, but that has not stopped developers jumping on board and creating a huge variety of apps that you can use on your new wrist-worn baby. From apps that show you the weather in detail to those that can be used for entertainment, there is a large selection to choose from, and Apple has done a lot of work to ensure that the discovery process is as easy as can be. The most efficient way to download new apps is via your iPhone, but it is possible to do so on a Mac or Windows PC if that is your preferred method, and we will try to cover all of the possibilities that are available to you. An Apple Watch is extremely powerful out of the box, but when you add some clever apps to the mix it becomes even more useful. No Apple device is as good as it can possibly be without apps.

## Curated categories

Apple has spent a lot of time ensuring that the most popular app categories are available up front

## Quality throughout

Many of the Apple Watch apps have been carefully created to offer the best possible user experience

## A quick search

You can search for apps using this icon and you may be surprised at the variety available

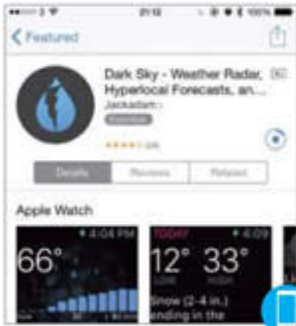
## In the app

In your Apple Watch app on your iPhone, simply tap Explore to see the apps that are available to use



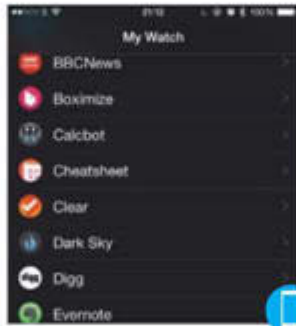


## Download a new app



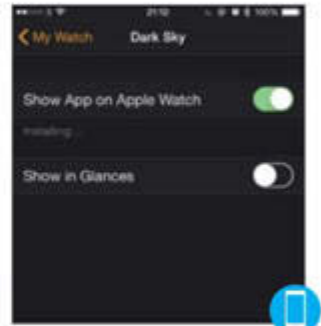
### Choose an app to install

**01** Search for an app in the Explore section of the Apple Watch iPhone app and when you have found one, all you need to do is press on the price/Get icon to install it. Once the installation process has finished, you will need to tap the My Watch icon to proceed with synchronising.



### A new listed Watch app

**02** Scroll down the screen until you reach the list of third-party apps. The one you downloaded should be included in alphabetical order. By default the Apple Watch section of the app will begin installing it without you needing to tap anything or change any settings.



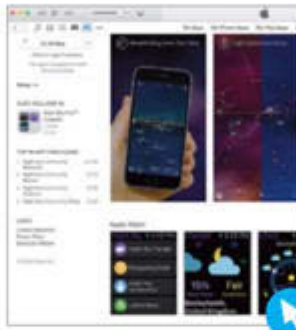
### The app is now installing

**03** Tap the app listing to view more information. You will see 'Installing...' below the top option and if you decide that you no longer want the app, just tap the green icon to stop the installation. The presumption is that you will want to install new apps on your iPhone and Apple Watch.



### Time to enjoy the app

**04** You will see the app displayed in the home screen on your Apple Watch ready to use. There will be a slight delay when third-party apps load, but the experience that most of them offer will make the wait worthwhile. Feel free to experiment with new apps at any time.



### Download apps on a PC

**05** You can also download apps from iTunes on a Mac or PC – once they have been manually transferred to the iPhone, they will be displayed in the Apple Watch app ready for the final installation. Downloading new apps to the iPhone is, however, much more convenient.

“An Apple Watch is extremely powerful out of the box, but when you add some clever apps to the mix it becomes even more useful. No Apple device is as good as it can be without apps”



### You'll use it to...

**View photos**

You can view photos posted by friends

**Like photos**

Tap a button to 'like' a photo in your feed

**Read comments**

Read comments made by others on your photos

**Receive notifications**

Be notified when a friend likes or comments on something

**Send replies**

Send an emoji to a friend when they post a photo

**View profiles**

View the profile of one of your friends



Fig 1 (above) View photos posted by friends

Fig 2 (right) Follow activity on your friends' feeds

## Instagram

# Instagram

Keep up to date with friends' Instagram feeds

### It's all about sharing

Instagram built its name on two things: filters and social networking. It's the latter on which the Watch app is focused, since taking photos and applying photos to them is beyond the Apple Watch's capabilities. When you launch the app, you have only two choices: you can view your feed – a stream of photos shared by your friends – or check 'activity.'

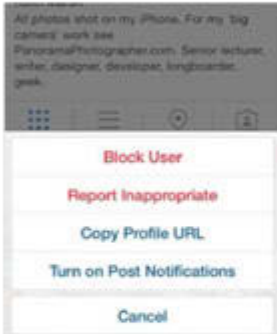
The Activity stream shows you who has followed you recently, who has 'liked' your photos, and who has commented on them. It also allows you to read comments. When you choose to view your feed, you'll see a list of thumbnail photos posted by your friends. Below each photo is a button for liking and one for getting more details.

Tap on the 'More Details' button, and you are taken to the Details screen, which shows you how many likes and comments the photo has, and allows you to view the profile of the friend who posted it. You can also post your own comment in the form of an emoji.

### Get notified

The Watch does notifications better than any other device.





Whether it's a ping or just a subtle vibration, you can hear or feel it and quickly turn your wrist to find out what you're being alerted to. It's much easier and quicker than fishing a phone out of your pocket.

The Instagram app can alert you whenever a friend or follower posts a new photo. To set it up, you need to open Instagram on the iPhone paired with your

Watch. You then scroll through your feed until you find an image posted by someone from whom you want notifications. Tap on their name to go to their profile page, then tap the three dots next to their name at the top of the screen, and from the menu choose Turn on Post Notifications. You'll now be notified when they post an image.

## Instagram Glances

Glances are one of the best features of the Watch, allowing you to quickly see snippets of information from an app. In Instagram's case, when you swipe up from a Watch face and then swipe along to the Instagram Glance, you'll see the three most recent photos in your feed. The most recent one is large (relatively), while the other two are next to it and smaller. If you tap on the screen, you'll be taken to the full Instagram app.

To enable Glances in Instagram, open the Watch app on your iPhone, tap My Watch, then Instagram, and set the Show in Glances slider to the on position.

It's useful if all you want to do is have a quick look at the most recent photo in your feed, but for anything else, you'll need to open the app.



You can't post images of your own or remotely control your iPhone's camera. This is purely a social networking app

## Comment on a photo



### 1 Launch Instagram

On your Watch, tap the Instagram app icon to launch the app.



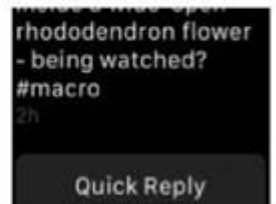
### 2 View your Feed

Tap the Feed button to display photos in your Instagram feed.



### 3 Find a photo

Swipe up to scroll through photos in your feed. Tap one you want.



### 4 Comment on the photo

Tap Comment, Quick Reply, then choose an emoji and tap Post.



## You'll use it to...

### View your timeline

You can read the most recent tweets in your timeline

### Look at trends

The app lists the current top Twitter trends

### Compose tweets

Tweet from the Watch by dictating

### Retweet others

Retweet others' tweets at the tap of a button

### Favourite tweets

Tap the star to favourite others' tweets

### Reply to tweets

Press reply to respond to tweets



Fig 1 (above) You can view the most recent tweets in your timeline

Fig 2 (right) View the top trends on your Watch

## Twitter

# Twitter

The Twitter app allows you to quickly see tweets

## Composing Tweets

Like every app on the Watch, Twitter is limited in several ways, not least because there's no way to type a tweet. You can, however, tweet by dictating what you want to say, checking that it's correct when it's displayed on-screen, then tweeting it. You can't, however, tweet images or links. And there's no character count, meaning that there's no way of telling if your tweet is too long. If it is too long, it won't be tweeted.

However, you can choose whether or not to tweet your location. And you can tweet emojis as well as dictate text to be tweeted.

## Monitoring trends

Trending topics, identified by hashtags, are a key part of the Twittersphere, and are increasingly used by all sorts of organisations to identify who and what is being talked about most on Twitter. Companies use them for marketing campaigns, and political parties use them to monitor how effective specific messages and slogans are.

They're such a key part of Twitter that, even though



the Twitter Watch app is very limited, trends have been included as a feature. When you launch the Twitter Watch app, there are only two options: your timeline, and top trends. Tap on the latter, and you'll see a list of tweets featuring the hashtags of the current most important trends.



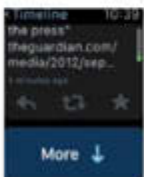
### Responding to tweets

There are three ways you can respond to a tweet. You can reply, retweet, or favourite the tweet. All these actions are available in the Twitter app for the Watch. When you tap on a tweet to read it, you'll see the text and image included in the tweet, as well as the text of a link in the tweet. You can't click on the link, because the

Watch doesn't have a browser. Beneath the body of the tweet are the familiar three buttons; there's the arrow turning back on itself signifying a reply; the arrows rotating, signifying a retweet, and the star for favouriting tweets.

### Configuring Glances

Glances are the snippets of information from an app that are displayed when you swipe upwards over a Watch face. You have two choices for Glances in the Twitter app: Top Trend or Recent Tweet. To configure the one you want, go to the Apple Watch app on your iPhone, then My Watch, and Glances. Tap the '+' next to Twitter under Do Not Include to add it to the list of included Glances. Then go back to My Watch, scroll down to Twitter and tap on it. Tap to the right of Glance Type, and choose between Top Trend and Recent Tweet.



The Twitter app only shows a few of your most recent tweets. To see more, scroll to the bottom and tap More

### Reply to a tweet



#### 1 Open Twitter

Tap the Twitter app and then Timeline to see recent tweets.



#### 2 Read tweets

Find a tweet by swiping upwards on the screen until you see it.



#### 3 Tap the button to reply

To reply to a Tweet, tap the left-most button underneath it.



#### 4 Comment on the photo

Tap Comment, then Quick Reply. Choose an emoji and tap Post.



### You'll use it to...

#### Read new messages

Skype immediately shows unread messages when it launches

#### See your favourite contacts

Contacts marked as Favourites are listed on the Apple Watch app

#### View contact history

You can see recent conversations with contacts in the app

#### Send a text reply

Dictate a reply to messages from contacts

#### Send an emoji reply

For a quick reply, send an emoji

#### Send a pre-written message

The third option is to send a pre-written message to your contacts



Fig 1 (above) Scroll through and message your favourite contacts

Fig 2 (right) See unread messages simply by opening the app

## Skype

# Skype

Read and reply to messages with Skype for Watch

### No voice calls

Having redesigned the iOS Skype app last year, and despite having wearable computing ambitions of its own, it's great that Microsoft has made many of its apps available on the Apple Watch.

Sadly, like every other Watch app, Skype is hampered by the current limitations on Watch developers, including the need to run everything on the iPhone. For Skype, that means that while you can read and reply to messages from contacts, you can only do so by sending a pre-formatted written reply, an emoji, or text that you dictate to the Watch. You can't have voice conversations, and, as the Watch doesn't have a camera, video calls are out too.

The lack of voice calls is a particular disappointment, though may actually be an Apple limitation rather than a decision on Microsoft's part. With no sign of the walkie-talkie feature for the iPhone, the phone's app remains the only way to have voice conversations still.

### It's good for notifications

If you use Skype a lot, you probably spend a great deal of time fishing your iPhone out of a bag or pocket to find out what the message you've just been alerted to says.

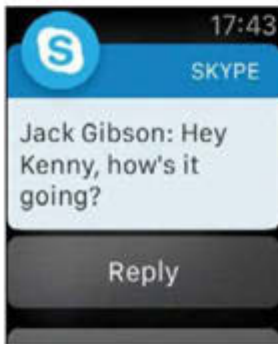




As is the case with other apps, the Skype Watch app makes checking and responding to notifications much quicker and easier than it is on any other platform.

Also, because alerts on the Watch vibrate as well as play a sound, you're unlikely to miss that important Skype message. Notifications can be switched on or off in the My Watch>Notifications section of the Apple Watch app, by scrolling down to Skype and setting the switch as appropriate.

Sadly, there are no Glances options for Skype. So you can't, for example, swipe upwards from a Watch face to see the latest message you received, or any unread messages. To do that, you have to open the app itself.

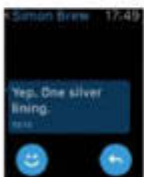


### The contacts list

The contacts list in Skype is at the heart of the app. Whether you want to send a message, talk, or make a video call, you're starting point will usually be the contacts list. In the Watch app, there's no contacts list as such. The only contacts you'll see in the app are those you've marked as Favourites in the iPhone app. These aren't

necessarily the same contacts you've marked as Favourites on the Mac or Windows app; it's the iPhone app that counts.

So, to be able to view a contact on the Watch app, you need to open Skype on the iPhone paired with your Watch, tap the Favourites menu at the top of the screen, then tap Add Favourites at the bottom-left of the screen. You can now scroll through the list of contacts and tap the circle next to the ones you want to Favourite. These will then show up in the Watch app.



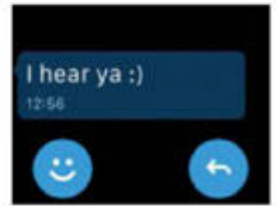
When you tap a favourite, it should show the last message you sent or received, but it's not always up to date

## Message in Skype



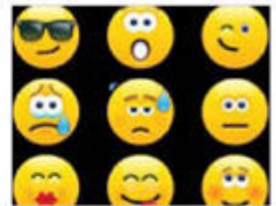
### 1 Launch the app

Tap the Skype app. If you have unread messages, they'll show.



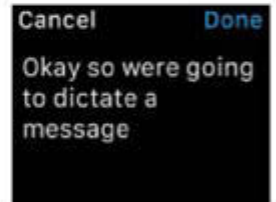
### 2 Choose a contact to message

Tap Favourites to see a list of the contacts you can message.



### 3 Send an emoji message

Tap the emoji symbol and choose an emoji to send in a message.



### 4 Or dictate a reply

Choose a pre-written reply or tap the microphone to dictate one.



## You'll use it to...

### View tagged messages

You can see any messages in your network which include you as an '@'

### View direct messages

Read all the messages you've received

### Swap networks

If you use Slack with more than one group, you can switch between them

### Send a pre-written reply

Reply to a direct message with a pre-written response

### Send an emoji reply

Reply to a direct message with an emoji

### Dictate a reply

Speak a reply to a direct message



Fig 1 (above) You can also see messages in which you've been tagged

Fig 2 (right) Slack allows you to see and reply to direct messages

## Slack

# Slack

The collaborative business tool is now on the Watch

## It's pretty basic

Like most other Apple Watch apps, the fact that you need to use it in conjunction with its iPhone counterpart means that this app is a simple one. Perhaps in the future Apple will give you the opportunity to run a standalone app, but for now the Watch relies on the iPhone's equivalent to work.

Frustratingly, Slack doesn't allow you to follow the stream of a running conversation, restricting you to those comments which specifically tag you. It's intended as a way of alerting you when your attention may be required, rather than as a way of letting you contribute to full flowing discussions. That's a sensible decision, given that alerts and snippets of key information are where the Apple Watch really excels.

Trawling through a long discussion to see if there's anything you need to respond to would be completely impractical on the Watch's small screen – given that you can't type replies, it wouldn't serve any real purpose in any case.

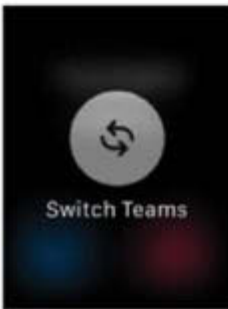


## Keep up with multiple teams

While there are many limitations on the Slack

Watch app, it does support the multiple teams feature. When you launch the app, it displays the team you're currently logged into on your iPhone by default. This is arguably one of the best features of the Slack app for the Apple Watch. For example, if you're a freelance consultant, you can have different teams for each client. If you Force Touch the screen, and you have other teams set up on your account, you can easily log out of that team and into another one.

Unfortunately, another great feature of Slack, the ability to run multiple 'channels' or conversations simultaneously hasn't made it to the Watch. Instead, every comment in which you tagged is displayed in one stream. Any comments in which you're not tagged don't appear at all.



### Room for improvement

Technology limitations notwithstanding, there are areas where the Slack Watch app could be improved. When you launch the app, you're shown the first screen for the team that you're logged into. Here it tells you how many people are in the team and how many of them are online, but there's no way to find out which team members are online,

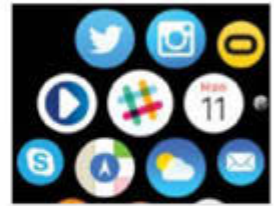
or even see the names of your fellow team members. It would be a welcome inclusion to be able to tap on the screen in order to find out who these team members are, with a list of team members, plus a small icon to indicate whether they're online.

It would also be good to be able to see not just unread messages that mention you, but all your recent mentions. This would be a particularly useful refresher for conversations before, for example, going to a real-life meeting. Nevertheless, the Slack Watch app shows plenty of promise and is useful if you're a regular Slacker.



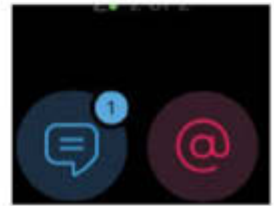
To create a new direct message, just tap a team member's name in the Direct Message screen

### Reply to a message



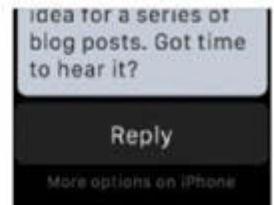
#### 1 Launch Slack

Tap the Slack icon to launch the app and see your team details.



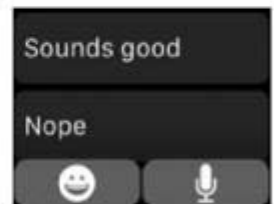
#### 2 View direct messages

Tap the speech bubble to go to the screen listing your messages.



#### 3 Read the direct message

Tap the message to read it, and scroll to the bottom of the screen.



#### 4 Reply to the message

Tap Reply and pick from emoji, dictation, or a pre-written reply.

## Third-party apps



### You'll use it to...

#### View recent notes

Evernote displays your most recently viewed notes

#### Search for notes using Siri

You can search for notes in any notebook

#### Dictate new notes to Evernote

Create new notes by dictating to Siri

#### Check off completed tasks

Tasks in notes can be checked off from the app

#### Set a reminder

Add alarms to notes using Siri

#### Do a voice search

Voice-search the notes on your Watch



Fig 1 (above) You can add new notes too, thanks to Siri

Fig 2 (right) Evernote displays a list of your most recently viewed notes

## Evernote

# Evernote

Evernote is a Watch version of the hugely popular note-taking app

### Get reminders

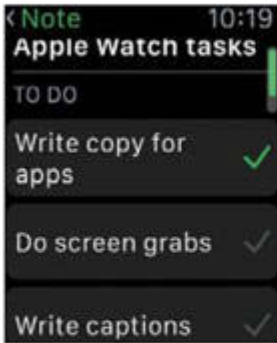
The Evernote Watch app allows you to create notes with alarms to remind you to do something. When you create a new note, you tap the alarm clock item at the bottom of the screen to create a reminder, which gives you five time options: this afternoon, this evening, tomorrow, next week, and next month. Tap the one you want and then save the note.

### Check off tasks

Evernote allows you to create a variety of different note types. One of those is a list of tasks. When you create the note, say on a Mac or PC, each item on the list has a check box next to it, and when you complete the task, you click the box to check it off.

You can check the tasks off on the Watch app too. In this case, tasks in the note are listed on screen in their own box. To check off a task, simply tap it, and it will be marked as completed when Evernote syncs between your devices.





## Dictate notes

Voice recognition is a crucial part of the Watch's user interface. It has no keyboard, meaning there's no other way of inputting text. There are two ways to create a new note in the Evernote Watch app. You either open the app and tap the '+' symbol at the top of the screen, or open the app and force-touch the screen, then press the '+' symbol.

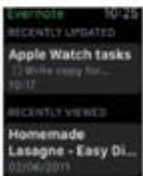
This duplication is one of the areas where the app could have been better executed. For example, instead of offering the same options, a force touch would skip straight to creating a new note.

Once you've pressed the '+', you will see the familiar dictation screen with its coloured sound waves at the bottom, at which point you can start speaking. Press Done when you're finished.

## Search for notes

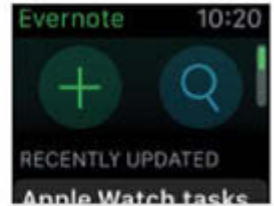
Press the magnifying glass symbol, either from the Evernote app main screen or by force-touching then tapping the magnifying glass. When you do that, you'll see a list of keywords on the screen. These keywords are taken from the recently viewed apps held in the Evernote Watch app. If you see one that relates to the note you're looking for, tap it to go to the note. If not, tap the microphone at the bottom of the screen to go to the voice-search screen.

Here, you will see the standard Watch dictation screen with coloured soundwaves at the bottom. Speak your specific search term, and then press Done. Sadly, it can occur that while the term is recognised and printed correctly on screen, and despite the fact that there are notes on the Watch with the term, the search turns up no results.



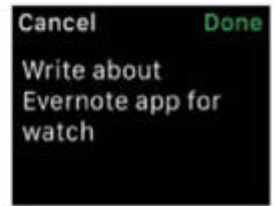
Evernote is limited to displaying and searching only a few of your most recent notes, but it can be useful

## Set a reminder note



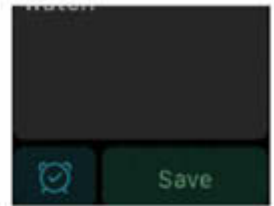
### 1 Launch Evernote

Tap the Evernote app on your Watch's app screen to launch it.



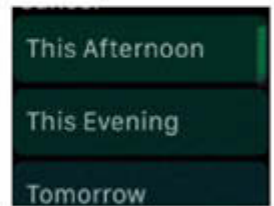
### 2 Create a new note

Tap the '+'. Dictate the note and wait for the text to appear.



### 3 Save the note

If the text is correct, tap Done. Tap the alarm clock.



### 4 Choose a time

Tap one of the options on screen to choose a time, then tap Save.



### You'll use it to...

**Read your inbox**

View all the tasks in your Wunderlist inbox

**See today's tasks**

View all the tasks due to be done today

**Assign your priorities**

View all the tasks you've set as a priority

**Review assigned tasks**

Look at all the tasks assigned to you by others

**View all your lists**

Scroll down to see all the lists you created in Wunderlist

**Check off tasks**

Tap a task to put a tick in its check box



Fig 1 (above) Tap the calendar to see today's tasks

Fig 2 (right) Choose which section you want to view by tapping it

## Wunderlist

# Wunderlist

Wunderlist allows you to quickly see tasks in each of your lists

### The main screen

The main screen on Wunderlist looks very different to most other apps. While most apps have options arranged vertically, on top of the other, Wunderlist displays four sections in a 2x2 grid. It's an effective use of the Watch's square screen.

In the centre of the screen is the profile picture for the account user. This will be whichever user is logged in to Wunderlist on the iPhone paired with your Watch. There's no option to log out of that account or into another one, either on the Watch itself or in the Wunderlist section of the Watch app on the iPhone.

The icons on the main screen represent your inbox, today's tasks, the tasks you've starred as priorities, and tasks that have been assigned to you by others, if you use Wunderlist as part of a team.

### Task lists

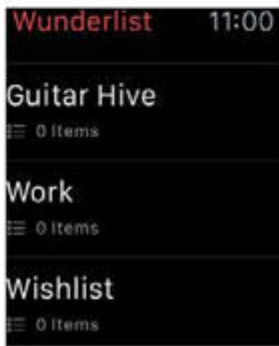
The Wunderlist iOS and Mac apps allow you to create different lists for projects or parts of your life that you want to keep separate. When you create a task, you assign





it to a list, and you can then see all the tasks in a list by tapping on the list. Like everything else in Wunderlist, when you're logged in, lists are synchronised immediately on all the devices on which you have the app installed, including the Watch. If you swipe upwards on the main screen to scroll down, you will see all the lists you have created in the iOS or OS X version. Tap a list to see the notes allocated to it.

You can't create lists on the Watch version, so you're limited to viewing them. If you want to create a new list, you'll need to do it on another device, such as the iPhone paired with your Watch.



### Viewing tasks

To view a task, either tap on one of the four sections on the main part of the screen (inbox, today, starred, and those assigned to you) or scroll down and find the list to which you've allocated the task. Tap on the list, and you will see the tasks on it listed on the screen. Swipe upwards to scroll down to the

one you want to view. Each task is displayed as a snippet of the task headline. Also displayed are a check box and, underneath the snippet, the due date for the task. There's no way to read notes associated with the task, nor can you create new tasks or search for tasks using dictation or voice search, unlike in Evernote, which allows you to do both.

For the moment, the Wunderlist Watch app represents a useful way of checking which of your tasks are due and marking them off when you've completed them, but nothing more. Here's hoping that more features are added in the future.



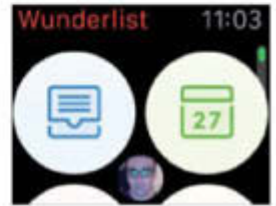
Wunderlist displays a graphic animation of a beach when there are no tasks in a list. It's a fun idea

### Check off a task



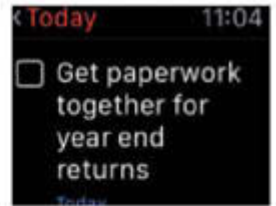
#### 1 Launch Wunderlist

On the apps screen on your Watch, tap the Wunderlist icon.



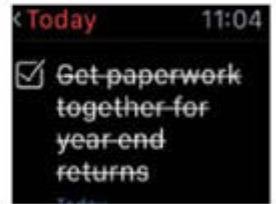
#### 2 Open Today list

There are four icons. Tap the one at the top right with a date on it.



#### 3 Find the task

Swipe upwards to scroll through the list of tasks you have.



#### 4 Check off the task

When you've found a task, tap the check box to tick it.



# Just A Score

Rate and share absolutely everything with this addictive new app

### You'll use it to...

#### Leave a rating

Use the bar to customise your overall score

#### See what's currently trending

Check the Trending page to see what's popular at the moment

#### Share your scores

Send your scores to Facebook or Twitter

#### Take a closer look

Press on any image to take a closer look

#### Make edits to scores

Adjust your scores whenever you need to

#### See who else is rating

Check the Activity page to see who else is rating stuff



Fig 1 (above) See what the trending topics are at the moment

Fig 2 (right) Submit your score for absolutely anything

### Rate anything

We have looked at hundreds of the third-party apps that are available for the Apple Watch, but we have to say that Just A Score is truly unique in what it does. In essence, the app enables you rate anything – and we mean absolutely anything – on a scale of one to ten. When you first open the app, you're greeted with just two minimal icons that will guide you to different sections. The bottom icon represents the Trending section of the app, but we will cover this in greater detail later in this tutorial.

The part you will want to initially access is the Activity section that's represented at the top of the app. When you first open this section, it might be empty and you will need to use the accompanying Just A Score iPhone app to follow your friends and family. Once this is done, you'll find that the Activity section is packed with the ratings of anyone you follow and that by selecting one of the listings, you'll be able to see how your score compares to theirs.

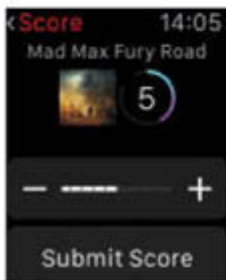


### Leave your scores

Now that you have found all your Just A Score friends,

it's time to go ahead and start rating stuff. Use the Activity section to find things that you can rate by selecting one from the list. A new screen will appear with a simple toolbar where you can set the score you want to give that product, company or person. Trust us when we say it's as easy as that.

Whenever you leave a score, you will be shown a confirmation screen, before being taken back to the Activity menu. What you should now find, however, is that your rating for the item will be added to the top-right of the listing. It's an easy way to monitor the items that you've already reviewed, as well as those you haven't rated yet. By subsequently opening up the accompanying iPhone app, you can go ahead and share a score.



### What's on trend?

The second area of the Just A Score Apple Watch app that you will want to visit is the Trending section. Although you will find it nearly identical to the Activity section in terms of its design, its actual function is different. Through this menu you'll be able to see the most popular things that have been rated by

other users of the app. The most popular item will be listed at the top of the app and the less popular items will be nearer the bottom. These entries update daily, however, so make sure you check back regularly to see what's popular.

Similarly to in the Activity section, you can select any one of these listings and leave your own rating, if you so wish. What makes this even cooler, is that you may find that your rating could potentially move that item up the list. So if you like rating things, and also want a new way to keep in contact with friends and family, Just A Score is perfect for you.



If you change your mind about a rating, you can revisit the item page and adjust your score accordingly

## Leave your score



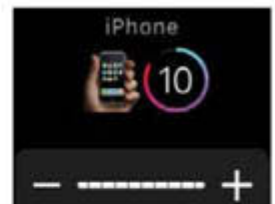
### 1 Open Trending section

Select Trending from the main screen of the Just A Score app.



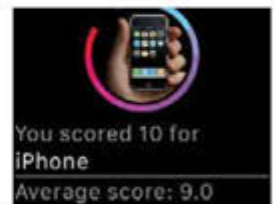
### 2 Take a closer look

Choose an item to rate and tap the image to open it in full-screen.



### 3 Add your score

Use the bar to increase or decrease the score shown above.



### 4 Submit the score

Tap on Submit Score to see a confirmation of your rating.



# Peak

Keep your brain in tiptop shape at all times by playing stimulating games

### You'll use it to...

**Select your game**

Choose from one of three built-in games

**Keep your brain ticking**

Take on these daily tasks every single day

**Accumulate points**

Keep chains going to get additional points

**Share your scores**

Challenge your friends and see who wins

**Beat high scores**

Try to beat your own high scores

**Play new games**

The Peak team will be adding new games

### Peak performance

How do you occupy yourself on your daily commute, or when you've got 10 minutes to spare? Thanks to the power of our iPhones, we have plenty of choices whenever this sort of situation arises, but you can now get some nifty apps on your Apple Watch that can also help not only to pass some time, but also to help improve your mind. Peak is a brain-training app that wants you to switch on and focus on the various tasks it throws at you. While its main core is the games it offers, what's more important is that you access the app on a daily basis. Playing the games daily can help stimulate your brain more, to keep you thinking, and you should notice the improvements in how you can respond to thinking on the spot as well. Peak is unlike any other app that's currently on the App Store, but that's certainly not a bad thing.

### Choice of games

When you first open up the Peak app, you will be greeted by a choice of three very distinctive games, with each one aimed at helping improve aspects of your brain, such as your memory and reaction



Fig 1 (above) Count the dots in the fast and furious Dot Rush game

Fig 2 (right) Choose from three different games to train your brain



times. Rush Back is the first game you will encounter and it looks to help improve your memory. Shapes will appear in front of you to remember, with the next slide showing you a different shape. You then need to decide whether it's the same shape as the one shown before. Sounds simple enough, right? Well, not exactly. The response time you're given is very limited and the game certainly keeps you on your toes.

Similar to Rush Back is the second game, Combiblox. While the first game shows you shapes, Combiblox asks you to remember combinations of blocks that appear. It's noticeably harder than Rush Back, but again, it's all aimed at keeping your brain ticking.

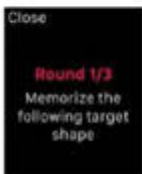
The final game of the trio is Dot Rush, which is arguably our favourite. Your display will fill up with various dots and it's up to you to decide whether the screen before had less or more dots on it. You'll score more points if you get the correct answer constantly, thanks to the addition of racking up combination bonuses, so it's well worth taking your time with it.



### Share your scores

Let's face it, some of us are highly competitive and fortunately the team at Peak has taken that on board. No matter which of the games you play, you're always playing to beat your high score that's shown at the end of each level. Where the competitive edge comes in from this is that users can then

share these scores with their friends and other Apple Watch users, challenging them to try to do better. If someone does manage to beat your score, you will receive a notification letting you know, and then it's up to you to try to better their effort. This back and forth ensures you'll always have a reason to use Peak.



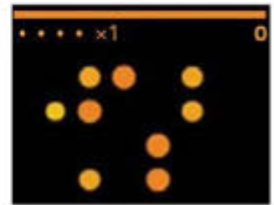
Some games have rounds to them that you must finish in one sitting to get your score at the end

## Master Dot Rush



### 1 Select the game

In Peak, swipe to the left twice to reach the Dot Rush game.



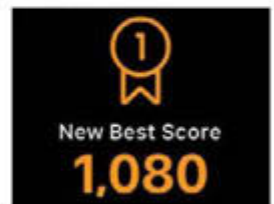
### 2 Count those dots

The initial screen shows a number of dots that you need to count.



### 3 More or less?

A new screen of dots appears, asking if there are less or more.



### 4 Beat your score

At the end, you get a score. Use the Replay button to start again.



# Onefootball

Get live scores and track your favourite team wherever you are

## You'll use it to...

### Add your favourites

Use the iPhone app to add your favourite team to follow

### Get live match information

See up-to-date scores as the matches take place

### Get essential cup updates

Check for goals in live cup ties

### Receive goal alerts

Get a buzz every time your team scores

### Take a detailed look

Each match report covers goals and incidents

### Set a schedule

Plan ahead to get reminders of upcoming games



Fig 1 (above) Track live updates from leagues and competitions

Fig 2 (right) See the latest scores from around the world

## Follow your team

Apart from sitting next to the radio, or repeatedly refreshing a sports news webpage, true football fans don't have many options when it comes to tracking live scores when they're out and about. Thanks to the Onefootball iOS app, users now have an easily accessible way of keeping up to date with last-minute goals no matter where they are. However, the team over at Onefootball have managed to take it one step further with the launch of their Apple Watch app, available for free from the App Store. Once you have inputted all the necessary data into the iOS version of the app, you'll find all the added details ready on your Apple Watch – including all the details of your favourite team.

Through the Watch app you will be able to take a look at any upcoming fixtures your side has, as well as a quick overview of recent results. If you then want to be even closer to the action, make sure to delve into the app's settings and toggle the alerts option to on. Now every time your team scores a goal, or if they unfortunately concede, you'll be given a quick vibration by the Watch

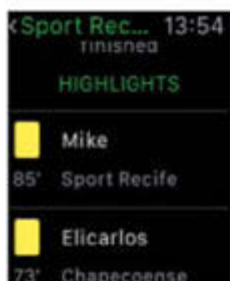




to let you know. You'll also receive notifications whenever a match reaches half and full time.

## Widen your search

Now that you have set up the app to track your favourite teams, it's time to widen your search a little further. Use the iPhone app to enter the details of your favourite leagues from around the world. What we liked about this feature is that there's even support for some of the major cups, too. So, for all you Champions League lovers, this is the tracking app for you. Once you've selected the leagues and cups you want to track, you'll find that a new menu appears on your Apple Watch. Here you will be able to see the fixture list for said league or cup tournament, as well as when each of these games will be played. You can then input these dates and times into the Calendar app to make sure you never miss any round of fixtures.



## Get extra information

Although getting a rundown of the latest scores is great, most of you will be expecting something a bit extra to really make the Onefootball app an essential download. Luckily, the team at Onefootball have done exactly that, providing users with even more information in the match reports that

are available through the Apple Watch. You can see the line-ups for each team, as well details of goals and cards issued during the game. For those who like the little extras, each goal and card is listed next to the exact time it happened within the match. Obviously you can get more detail by quickly checking your iPhone, but the Apple Watch rundown will be enough for most people.



Set a reminder on your iPhone, so that you'll receive a notification whenever your favourite team plays

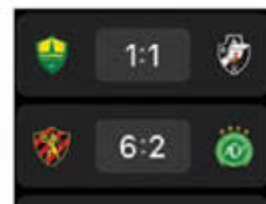
## Third-party apps

### Track world leagues



#### 1 Add competitions

Competitions selected on iPhone will sync to your Apple Watch.



#### 2 Score overview

After selecting a league, you'll find a results list from recent fixtures.



#### 3 Take a closer look

For a closer look at a match, select it from the overview screen.



#### 4 Goal information

Scroll down to see when a goal was scored, or incident occurred.



# Citymapper

Get from A to B quickly and easily with the help of the Citymapper app

### You'll use it to...

#### Plan trips in your city

Enter details of where you want to travel to

#### Save your favourites

Make a list of your favourite journeys

#### Find public transport

Discover the nearest train or bus station

#### Manage all disruptions

Get live updates on roadworks and accidents

#### Keep track of notifications

Keep track of any updates on your journey

#### Step-by-step directions

Receive a vibration for each new step



Fig 1 (above) See the next trains to arrive at selected stations

Fig 2 (right) Get live travel information in your area

### Set up routes

When the concept of getting turn-by-turn directions on the iPhone was first released, it caused quite a stir. The technology behind it was very complicated at the time, but gradually it's become easier and vastly more sophisticated. So sophisticated, in fact, that it's now possible to get turn-by-turn notifications through the Apple Watch. One of the few apps that offers this functionality for Apple Watch is Citymapper. Through the app, users are able to set up journeys within some of the world's biggest cities. It's important to note that not every city is currently supported, but updates are being added regularly. When configuring a journey, users have plenty of options at their disposal. For example, if you want your route to go past a specific landmark, or perhaps you want to miss a notoriously busy road, Citymapper can take care of that for you.

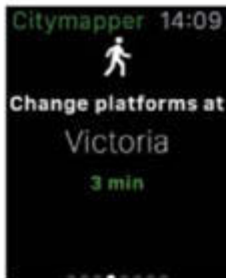
It's then a case of pressing the Start button and following the steps provided. What we liked most about this feature is that if you miss a turning, your Watch will



buzz you and ask you to make a U-turn, which turns out to be a surprisingly helpful tool.

## Manage disruptions

Although this is all great news, what isn't so great is that you'll often run into disruptions while travelling. Whether it's roadworks, accidents or delays, there's usually always something that will block your path. The app, however, has a cunning way to avoid this problem. Any time Citymapper has picked up a new disruption, your Apple Watch will instantly alert you of it through a series of short vibrations on your wrist. Not only this, you'll be then presented with an alternate route that Citymapper suggests that you take, although expect it to take you a little longer to get to your desired destination. If you then want to take a closer look at the disruption you were diverted from, open up the Glances menu on your Apple Watch and you can get all the extra details you need, including if this disruption has now been cleared.



## Share your journeys

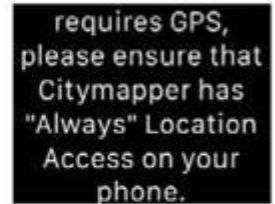
If you've found a particularly clever route that you're proud of, why not share it your friends? The Apple Watch app contains a handy sharing function, which enables you to quickly share the details of any journeys with anyone stored within the Friends section of the Watch. Even if they don't have the

Citymapper app installed, they'll be able to get all the information they need, without needing to download the app to take a closer look. To take it one step further, if you sync the journey to the Citymapper iPhone app, the details can then be uploaded to either your Facebook or Twitter account for others to view.



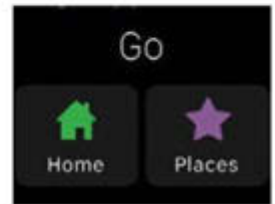
Citymapper works when navigating the London Underground. You can get live updates for any station

## Set up directions



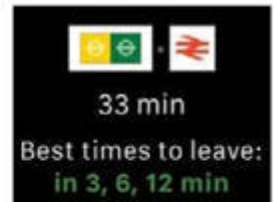
### 1 Enable GPS

When you first open the app, enable the GPS option.



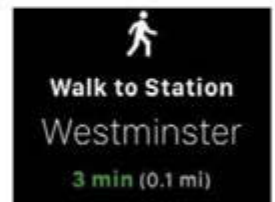
### 2 Find a location

Use the Go menu to do a manual search for the destination.



### 3 Let's go

Tap the Let's Go option to start receiving directions on the Watch.



### 4 Manage directions

Your Watch will buzz when you need to follow a new step.



### You'll use it to...

**Add news sources**

Choose from hundreds of different news outlets

**Read your stories**

Use the Digital Crown to scroll through stories

**Receive automatic updates**

Get notified when something new is added

**Send stories to friends**

Share your favourite articles easily

**Increase size of text**

Make the font larger and easier to read

**Add to reading list**

Create a list of stories to read at a later date



Fig 1 (above) Send longer stories to your iPhone to read on it

Fig 2 (right) Read the latest headlines on your wrist

## Flipboard

# Flipboard

Collate your very own personalised news magazine on your Apple Watch

### Create your news list

Flipboard has long been one of the premier apps when it comes to reading the news on your iPhone. Users of the app are able to read and enjoy headlines from around the world with ease, but what's even better is that this is now available for Apple Watch. To get the full suite of Flipboard features onto your Apple Watch, you will first need to go through and select the news feeds you want to track. There are hundreds of magazines and websites that can be added here. Whenever you add a new outlet to your feed, it'll automatically be synced across to your Apple Watch, but make sure to check regularly in case one of your outlets didn't sync properly – it can happen occasionally. Once you have added all your outlets, you'll have your very own news magazine ready to explore on your wrist, and one that doesn't require you to keep your iPhone to hand at all times.

### Start reading

When you next open up the Flipboard app on your Apple Watch, you will be presented with the latest headlines from your selected news outlets. Each story will have an accompanying lead image for you to enjoy as



well. Scroll down and you will be able to start reading the selected story; however, note that for a longer piece, you'll be prompted to continue reading it on the iPhone.

What you should find is that the Flipboard app will continually update itself in the background whenever you're not using it. Ultimately this means that whenever you open the app on your Apple Watch, you should find new stories waiting for you to take a closer look at. As an added bonus, you can also dismiss certain stories on the Flipboard iPhone app, which stops them from then appearing on the Apple Watch – a surprisingly handy feature to have available to you.



## Sync with iPhone

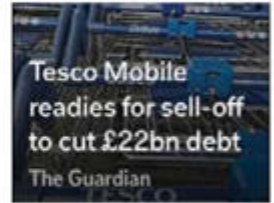
If you've gone through all the latest headlines, you will want to explore some of the added features within the Flipboard Apple Watch app. Force Touch on the display while you read a story and a new menu will appear. From this menu you'll want to first select the Flip to Magazine option. This will

sync that story to your iPhone, where you'll be able to read it at a later date. Using this same method, you can also send the story to your Read tab, so that the story dismisses itself from your iPhone. The other option at your disposal here is Send to Friends. As its name suggests, this option will enable you to send the entire story to anyone you follows through the Flipboard app. If that user is another Apple Watch owner, they will then receive a notification directly to their Watch, letting them know that a new Flipboard story is ready for them to inspect. It's well worth playing around with the Flipboard app, as there are numerous added extras that you should really check out.



New articles are added constantly, so we highly recommend you frequently open the app to check

## Send news to iPhone



### 1 Choose a story

Scroll through the stories till you find one of interest to you.



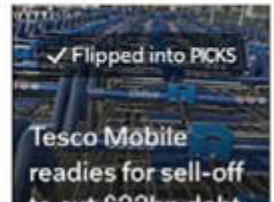
### 2 Flip the article

Force Touch the screen and select the 'Flip to magazine' option.



### 3 Select Read Later

On the new menu that appears, choose the Read Later option.



### 4 Get confirmation

If sent, the article will now be marked as Flipped into Read.



### You'll use it to...

**Save well-travelled routes**

Keep a log of the routes that you commonly use

**Sync with iPhone**

Link your National Rail accounts together

**Find station information**

Check opening hours of ticket offices

**Track your recent journeys**

Store the details of your most recent trips

**Get extra information**

Take a look at platform information

**Monitor live departures**

See the daily departures from a station



**Fig 1 (above)** Keep a log of your most travelled routes

**Fig 2 (right)** Check out your recent journeys from within the app

# National Rail Enquiries

Manage your train journeys around the UK using your Apple Watch

## Live information

There are hundreds of travel apps to help you get from point A to B solely using your Apple Watch. While most of them offer limited information on the Watch's tiny display, the National Rail Enquiries app takes things in an entirely different direction. No matter what destination you're travelling to, the app will provide up-to-the-minute information about any train that's departing from stations around the UK. You can see the exact time the train is expected to arrive at your designated station, as well as how many carriages are being used and, most importantly, if there's a catering trolley on board. Once you become more familiar with the National Rail app, or perhaps have a journey you regularly make, you can add that specified journey to your favourites list. The app will then provide you with updates whenever there are any major announcements regarding your preferred journey. You can also view your recent journeys.





### Station details

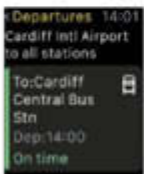
If you rely heavily on trains to get around, chances are you'll have come across stations of all different sizes. While this may seem an unimportant point, any well-travelled railway user will know that levels of facilities vary wildly from one station to the next. Fortunately, the National Rail Enquiries app has you covered. By using the app's search system, you can see an overview of any station in the UK. While the data shown isn't comprehensive, it's just enough for you to be able to see what basic facilities will be offered at your destination. Another bonus of this feature is the inclusion of contact details for each station – perfect if you have accidentally misplaced something and left it on the train. No matter what station information you need, the Apple Watch app will provide it for you.



### Set up notifications

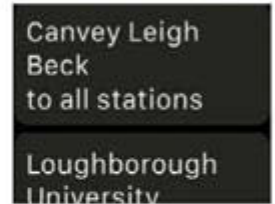
If you have chosen to use the favourites feature, you should also set up the National Rail Enquiries app's notification service. Head to the Apple Watch app on iPhone, find the National Rail listing and toggle the Notification Indicator option on. With this enabled, you will find live journey information sent to you

as soon as it happens. So, if there are any delays on the route you plan to travel on, you'll get all the necessary information you need to act accordingly. Similarly, you'll receive notifications alerting you of electrical faults in stations that you might be attempting to reach. However, with notifications enabled, you can find that your Watch is vibrating a lot more than usual, so use the Apple Watch app to limit the number you receive. Once all of this has been correctly set up, you'll have the help of a powerful navigation tool on your wrist.



Regularly check the National Rail Enquiries app as departure times can frequently change without notice

### Create a journey log



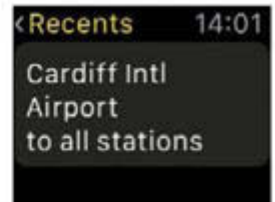
#### 1 Add details

Input favourite journeys in the iPhone app and they'll sync.



#### 2 Refresh the app

When you add a new journey, refresh so it shows up in the app.



#### 3 Head to Recents

Now head to the home screen and select Recents.



#### 4 Collate list

Add the details of all your most recently taken journeys.

# Glossary

Learn the jargon and get to know your Apple Watch that much better



Use Glances to get live updates any time from your Apple Watch apps



Enable Power Reserve mode to get more from your Watch's battery



New icons will be added to your app launcher when you install them



Mute incoming calls by enabling Do Not Disturb mode

**Accelerometer** On the back of the Apple Watch are a range of sensors which help to expand on certain features. One of these is the accelerometer, a useful tool that helps track your movement while wearing the Apple Watch – especially handy when using the Activity and Workout apps.

**App Launcher** You'll find that the app launcher on the Apple Watch will be your central hub for getting around the device. Whenever a new app is installed onto it, you'll find that a new round icon will be added to one of the corners of the honeycomb-style app launcher.

**Bluetooth** No matter whether it's installing apps, adding a new pair of headphones or syncing with your iPhone, the Bluetooth function is arguably the most important aspect of the Apple Watch. It acts as a wireless connection between the two devices, keeping everything running smoothly when the devices are near one another.

**Camera Remote** One of the exclusive apps on the Apple Watch is Camera Remote. Through this app, users are able to take a peek at their viewfinder within the iPhone Camera app. It's then possible to take a few snaps through the app's built-in shutter control and Burst Mode feature.

**Digital Crown** Above the power button on the Apple Watch sits the Digital Crown. While you'll most commonly use it to access the device's app launcher, it doubles up as a great tool for scrolling through long passages of text on the small display. New uses for the Digital Crown will be added in future updates.

**Digital Touch** The Digital Touch feature for Apple Watch gives you unique ways to stay in contact with friends and family who also own an Apple Watch. Through Digital Touch you can send a sketch, write a message, tap others on their wrist, or even send your current heartbeat to them – as long as they're wearing their Apple Watch.

**Do Not Disturb** You'll receive plenty of notifications through your Apple Watch, so if you want a temporary hiatus from them, enable the Do Not Disturb mode. This feature will mute all incoming calls, messages and notifications from appearing on your Apple Watch until you opt to deactivate it at a later point.

**Force Touch** Force Touch is the equivalent of a long press on your iPhone screen. When you perform a Force Touch on the Apple Watch display, you'll find that you get a small vibration to let you know it registered. Doing this in some apps will open up extra and hidden features.

**Friends** A single press on the power button will reveal the Friends app. Here you'll be able to store the details of your most commonly used contacts. The app also offers quick links to the messaging and phone functions of your Apple Watch so you can quickly make contact with friends when needed.

**Gestures** Gestures explain some of the additional controls you can undertake when wearing your Apple Watch. For example, one particular gesture requires you to slowly move your hand over the screen to turn it both off and on. There are several optional and additional gestures that you can enable through the Apple Watch iPhone app.

**Glances** If you're out and about, the Glances menu should be your first port of call for a rundown on any updates from your apps. You can scroll through your Glances to see things like live weather updates, the latest stock information, or to enable some of the Watch's core settings.

**Haptic** Haptic describes the vibrations you receive while wearing the Apple Watch. While its main use will be to alert you to when a new notification is available to you, it has also been used within a variety of first- and third-party apps. You can set the Haptics vibration level within the Settings app.

**Heart Rate Monitor** If you've bought the Apple Watch as a fitness tool, then you'll find the Heart Rate Monitor highly useful. Thanks to this feature, you're able to track your daily heart rate, no matter if you're working out or asleep. All this information on your heart can be used within Apple's Research Kit.

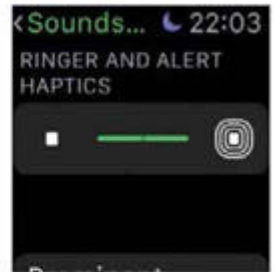
**Notifications** We're all used to iPhone notifications, but the way they function on your Apple Watch is a little different. Notifications will provide you with live updates from particular apps, or if something requires you to authorise something. Apps like Twitter use notifications to alert you to when someone's contacted you.

**Passcode** The Passcode is a number-based security system for the Apple Watch. On initial setup, you'll be presented with the Passcode screen, where you can assign a code that is required to be entered to unlock the Apple Watch. This code can be changed, or added at a later date, however.

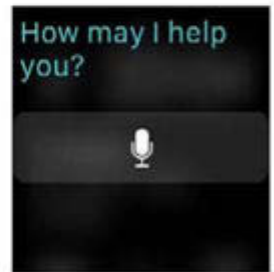
**Power Reserve** Whenever you're running low on battery, the Power Reserve mode will help drain every last bit of power. To do this, it disables a lot of the Apple Watch's core features and instead leaves you with a digital timepiece. Open the Glances menu on the Apple Watch to enable Power Reserve mode.

**Siri** Siri is Apple's own personal assistant that is built into every iPhone and Apple Watch. After enabling the feature within the Settings app, you can perform searches for things on your Apple Watch by saying the phrase "Hey Siri" into your Watch. It's a great way of automating and streamlining certain tasks on your Watch.

**Watch OS** Watch OS is Apple's dedicated operating system that has been specifically built for the Apple Watch, and is ultimately responsible for everything on your new smartwatch. Its current version is Watch OS 1.0, but there are a couple of updates expected to hit by the end of the year.



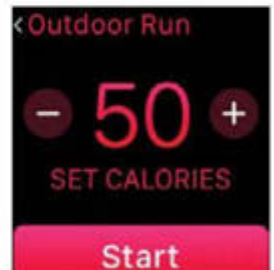
Haptics involve the level of vibrations you receive, and can be tweaked to your liking



Simply say "Hey Siri" to start a voice search on Apple Watch



Add an extra layer of security to your Watch by setting a Passcode



Use the heart rate monitor in conjunction with the Activity app

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# Apple Watch

## The Complete Manual

### ✓ Introducing the Apple Watch

Get to know your way around Apple's revolutionary new piece of wearable technology

### ✓ Set up your device

Pair up your Apple Watch and iPhone and get everything working instantly with our guide

### ✓ Get to grips with your Watch

Learn your way around the device's intuitive interface, using both the touch screen and the Digital Crown

### ✓ Master the built-in apps

Start taking calls, sending messages and receiving directions from your Apple Watch, right out of the box

### ✓ Understand Watch OS

Explore the Watch's beautifully realised custom OS, and manage your notifications with ease

### ✓ Explore in-depth guides

Get the most from your Apple Watch with our extensive, step-by-step tutorials

### ✓ Keep active and stay fit

Use the Apple Watch to help maintain a healthier lifestyle, with the wealth of fitness apps available

### ✓ Explore the App Store

Order a taxi, book a restaurant table, keep a to-do list, score your favourite movies, and more

### ✓ Keep in touch like never before

Sketch doodles for your friends, tap them on the wrist to get their attention, and even share your heartbeat

